

PASTA VITA
OLD SAYBROOK

CHEF'S SPECIALS

(860) 395-1452

Note: Items are prepared throughout the day – please call ahead to check availability. Menu is subject to change.

Indicates entrees that are wheat free

MONDAY – April 13

Pork Tend. w/Braised Cabbage*
Portuguese Shrimp & Chicken*
Thai Shrimp & Chicken Curry*
Whole Roast Chix Dinner*
Sliced BBQ Beef w/Baked Beans*
Vegetable Pad Thai w/Chili Garlic Stuffed Peppers*
Beef Bourguignon
Ziti w/Broccoli & Chicken
Shepherd's Pie
Pasta & Sausage Creamy Arrabiata*
Chicken & Pasta Siena
Baked Ziti
Macaroni and Cheese
Stuffed Shells
Pasta w/Meatballs
Classic Meatloaf Dinner
Spinach & Cheese Manicotti
Shrimp alla Vita
Linguine alla Vita
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Marry Me Chicken
Chicken Parmesan
Grilled Chicken Margherita*
Chicken Marsala
Chicken Piccata
Chicken Francaise
Chicken Cutlets

VEGGIES/SIDES/PASTA/SALAD

Fresh Vegetable Mix*
Green Beans w/ Almonds*
Sautéed Spinach*
Roasted Cauliflower*
Roasted Brussel Sprouts*
Mediterranean Quinoa
Pasta Vita Chicken Salad*
Summer Chicken Salad*
Summer Pasta Verde
Traditional Bread Pudding

Soup: Chicken Noodle

Soup: Tomato Bisque

TUESDAY – April 14

Everything Crusted Salmon
Beef Tenderloin Red Wine Demi
Chicken Pad Thai w/Chili Garlic
Shrimp Tacos w/Cilantro Lime
Risotto Limone *
Baked Boston Cod w/Rice pilaf
Whole Roast Chicken*
Orange Chicken w/Basmati *
Pork Chops Pizzaiola
Stuffed Cabbage*
Chipotle Chicken Bowl*
Vegetarian Stuffed Peppers*
London Broil w/ Mashed Pot.
Chicken Pot Pie
Spaghetti alla Carbonara
Baked Cheese Ravioli Dinner
Buffalo Macaroni & Cheese
Meat Tortellini+Parm Cream Sauce
Stuffed Shells
Pasta Bolognese
Tuscan Chicken & Pasta
Sausage and Peppers*
Shrimp Scampi
Coconut Chicken w/Mango Salsa
Grilled Chix w/Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Cordon Bleu
Chicken Milanese
Chicken Alicia
Chicken Palermo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise

VEGGIES/SIDES/PASTA/SALAD

Roasted Vegetables*
Italian Broccoli*
Green Beans w/ Almonds*
Broccoli au Gratin*
Twice Baked Potatoes*
Cheddar bacon Stuffed Potatoes
Tuna Nicoise Salad*
Summer Pasta Verde
Pasta Vita Chicken Salad *
Curried Chicken Salad*
Summer Chicken Salad*
Apple Crisp
Soup: Clam Chowder
Soup: Pasta Fagioli

WEDNESDAY – April 15

Salmon w/Wild Mushroom Sauce*
Chicken Enchiladas w/Mexican Rice
Whole Roast Chicken Dinner *
Stuffed Pork Loin w/Lemon & Garlic
Korean BBQ Short Ribs
Flank Steak Chimichurri
Roast Turkey Dinner
Tuscan Beef Stew
Salisbury Steak w/Mashed Potatoes
Chicken Marbella *
Shepherd's Pie
Lemon Sole w/Orzo
Macaroni & Cheese
Veal Parmesan
Southern Chicken Tenders
Fried Shrimp w/Remoulade
Stuffed Peppers*
Grilled Chicken w/Penne & Feta
Classic Meatloaf Dinner
Grilled Shrimp Linguine
Linguine w/Fresh Vegetables
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Marry Me Chicken
Grilled Chicken Margherita*
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Piccata
Chicken Francaise
Chicken Cutlets

VEGGIES/SIDES/PASTA/SALAD

Classic Mashed Potatoes
Broccoli Rabe*
Green Beans w/ Almonds*
Roasted Beets & Carrots*
Roasted Sweet Potatoes*
Cheddar Scalloped Potatoes*
Gruyere Scalloped Potatoes*
Creamed Spinach*
Chicken Salad*
Summer Pasta Verde.
Tuna & Egg Salads*
Chocolate & Vanilla Pudding*
Quesadilla
Soup: Split Pea
Soup: Chicken & Orzo

THURSDAY – April 16

Grilled Salmon w/Honey Sriracha*
Beef Tenderloin w/Red Wine Demi
Baked Boston Cod w/Rice Pilaf
Grilled Steak Fajitas w/Mexican
K. C. Rib's w/B.B.Q. Sauce*
Fish Tacos w/Mexican Rice
Grilled Pork Chops Scarpiello
Crab Cakes w/Remoulade
Herbed Roasted Chicken
Turkey Tetrazzini
Yankee Pot Roast
Chicken Curry w/Basmati Rice*
Chipotle Steak Bowl*
Veal Luigi
Baked Stuffed Shrimp w/Rice Pilaf
Lobster Mac & Cheese
Lemon sole w/Orzo
Coconut Shrimp
Stuffed Shells
Spinach & Cheese Manicotti
Shrimp Scampi
Baked Sausage Ravioli
Grilled Chix & Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Chicken Saltimbocca
Chicken Portofino
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise

VEGGIES/SIDES/PASTA/SALAD

Green Beans w/Almonds*
Roasted Asparagus w/Sea Salt*
Roasted Vegetables*
Roasted Root Vegetables*
Cauliflower au Gratin*
Cajun Chicken Pasta Salad
Summer Pasta Verde
Chicken Salad*
Mexican Street Corn*
Soup: Minestrone
Soup: Chicken Chili

Salmon w/Mango Salsa*
Bang Bang Chicken & Shrimp*
Beef Tenderloin au Poivre
Baked Boston Cod Rice Pilaf
Whole Roast Chicken Dinner*
Beef Tips w/Mushroom Gravy
Pork Tend w/Tomatoes & Capers
Chicken Enchiladas w/Mexican Rice
Southern Chicken Tenders
BBQ Pulled Pork*
London Broil
Crabmeat Stuffed Sole w/Couscous
Lemon Sole w/ Orzo
Beef Bourguignon
Garlic Parmesan Chicken*
Macaroni & Cheese
Spaghetti Carbonara
Stuffed Shells
Lake Como Rigatoni w/Sausage
Ziti Broccoli & Chicken
Sausage & Peppers*
Classic Meatloaf Dinner
Stuffed Peppers*
Grilled Shrimp linguine
Linguine w/Fresh Vegetables
Crab Cakes w/Remoulade
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Grilled Chix & Grilled Vegetables*
Grilled Chicken Margherita*
Marry Me Chicken
Chicken Milanese
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Francaise
Chicken Piccata
Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
Roasted Vegetables*
Classic Mashed Potatoes*
Green Beans w/almonds*
Italian Broccoli*
Brussels Sprouts*

Thai Shrimp Chicken Curry*
Pasta w/Meatballs Marinara
Stuffed Shells
Shrimp Scampi
Macaroni & Cheese
Penne w/Vodka Sauce
Baked Ziti
Chicken & Pasta Alfredo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*

Friday's Salads/Dips/Soup

Tuna Nicoise Salad*
Tuna Pasta Salad
Quinoa w/Black Beans & Tomatoes*
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*
Mexican Street Corn*
Guacamole*
Fresh Tomato Salsa

Soup: Chicken Noodle

Soup: Clam Chowder

SAT.-VEGGIES/SIDES/PASTA/SALAD

Green Beans w/Almonds*
Gruyere Scalloped Potatoes*
Cheddar Scalloped Potatoes*
Summer Pasta Verde
Vegetarian Chickpea Salad*
Tuna Pasta Salad
Chicken Salad*
Tuna Salad & Egg Salad
Bread Pudding
Apple Crisp
Brownies

FRIDAY- April 17

SATURDAY – April 18

Baked Spiral Ham Dinner*