

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.

Indicates entrees that are wheat free

MONDAY – January 26

TUESDAY – January 27

Pork Tend. w/Braised Cabbage *
Cuban Chicken Shrimp & Rice*
Whole Roast Chix Dinner*
Beef Tenderloin
Veal Toscana
Sliced BBQ Beef w/Balked beans*
Chicken Pad Thai w/Chili Garlic *
Vegetarian Stuffed Peppers*
Beef Bourguignon
Ziti w/Broccoli & Chicken
Shepherd's Pie
Broccoli & Sausage Aglio Olio
Grilled Chicken & Pasta Pesto Sauce
Spaghetti alla Carbonara
Baked Ziti
Pasta w/Meat Sauce
Baked Cheese Ravioli
Buffalo Mac & Cheese
Stuffed Shells
Grilled Shrimp w/Lem. & Garlic
Linguine w/Lemon & Garlic
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Merry Me Chicken
Chicken Cordon Bleu
Chicken Parmesan
Grilled Chicken Margherita*
Chicken Marsala
Chicken Piccata
Chicken Francaise
Chicken Cutlets

VEGGIES/SIDES/PASTA/SALAD
Fresh Vegetable Mix*
Green Beans w/ Almonds*
Sautéed Spinach*
Roasted Cauliflower*
Roasted Brussel Sprouts*
Pasta Vita Chicken Salad*
Summer Chicken Salad*
Summer Pasta Verde
Traditional Bread Pudding
Soup: Pasta Fagioli
Soup: New England Clam Chowder

WEDNESDAY – January 28

Salmon w/Eggplant Tom. & Capers*
Chicken Enchiladas w/Mexican Rice
Whole Roast Chicken Dinner *
Pork Chops Milanese
Marsala Braised Short Ribs
Teriyaki Flank Steak w/Fried Rice
Roast Turkey Dinner
Tuscan Beef Stew
Salisbury Steak w/Mashed Potatoes
French Chicken Ratatouille *
Shepherd's Pie
Lemon Sole w/Orzo
Macaroni & Cheese
Southern Chicken Tenders
Fried Shrimp w/Remoulade
Stuffed Peppers*
Grilled Chicken w/Penne & Brie
Classic Meatloaf Dinner
Grilled Shrimp Linguine
Linguine w/Fresh Vegetables
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Merry Me Chicken
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Parmesan & Pasta
Chicken Milanese
Chicken Marsala
Chicken Piccata
Chicken Francaise
Pasta Vita Grilled Chicken Breast
VEGGIES/SIDES/PASTA/SALAD
Classic Mashed Potatoes
Broccoli Rabe*
Green Beans w/ Almonds*
Roasted Beets & Carrots*
Roasted Sweet Potatoes*
Cheddar Scalloped Potatoes*
Gruyere Scalloped Potatoes*
Creamed Spinach*
Chicken Salad*
Summer Pasta Verde.
Tuna & Egg Salads*
Chocolate & Vanilla Pudding*
Quesadilla
Soup: Chicken & Rice
Soup: Curried Lentil

THURSDAY – January 29

Salmon w/Sweet Chili Glaze*
Beef Tend. w/Red Wine Demi
Baked Boston Cod w/Rice Pilaf
Grilled Shrimp Fajitas
African Lamb Stew
K. C. Rib's w/B.B.Q. Sauce*
Fish Tacos w/Mexican Rice
Sicilian Pork Chops
Crab Cakes w/Remoulade
Herbed Roasted Chicken
Chicken Pot Pie
Turkey Tetrazzini
Yankee Pot Roast *
Chicken Marbella* (thighs)
Chipotle Steak Bowl
Short Rib Ragu
Veal w/Artichokes Lem & Capers
Baked Stuffed Shrimp w/Rice Pilaf
Mushroom Truffle Mac & Cheese
Lemon sole w/Orzo
Coconut Shrimp
Stuffed Shells
Spinach & Cheese Manicotti
Shrimp Scampi
Baked Sausage Ravioli
Grilled Chix & Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Lucchese
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
VEGGIES/SIDES/PASTA/SALAD
Green Beans w/Almonds*
Roasted Asparagus w/Sea Salt*
Roasted Vegetables*
Roasted Root Vegetables*
Broccoli au Gratin*
Cajun Chicken Pasta Salad
Summer Pasta Verde
Pasta Vita Chicken Salad*
Curried Chicken Salad*
Summer Chicken Salad*
Mexican Street Corn*
Soup: Tomato Bisque
Soup: Turkey & Wild Rice

FRIDAY- January 30

Grilled Salmon w/Roasted Veg.*
Bang Bang Shrimp & Chicken
Beef Tenderloin Au Poivre
Baked Boston Cod Rice Pilaf
Whole Roast Chicken Dinner*
Beef Tips w/Cow Boy Butter
Pork Tenderloin Satay
Chicken Enchiladas w/Mexican Rice
Southern Chicken Tenders
BBQ Pulled Pork*
London Broil
Crabmeat Stuffed Sole w/Couscous
Lemon Sole w/ Orzo
Beef Bourguignon
Garlic Parmesan Chicken (thighs) *
Macaroni & Cheese
Spaghetti Carbonara
Stuffed Shells
Cavatelli w/Broccoli Rabe & Sausage
Ziti Broccoli & Chicken
Sausage & Peppers*
Classic Meatloaf Dinner
Stuffed Peppers*
Grilled Shrimp linguine
Linguine w/Fresh Vegetables
Crab Cakes w/Remoulade
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Grilled Chix & Grilled Vegetables*
Grilled Chicken Margherita*
Chicken Italiano
Merry Me Chicken
Chicken Milanese
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Francaise
Chicken Piccata
Grilled Chicken Breast*
Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
Roasted Vegetables*
Classic Mashed Potatoes*
Green Beans w/Almonds*
Italian Broccoli*
Roasted Brussels Sprouts*

SATURDAY – January 31

Baked Spiral Ham Dinner*
Thai Shrimp Chicken Curry*
Pasta w/Meatballs Marinara
Stuffed Shells
Shrimp Scampi
Macaroni & Cheese
Penne w/Vodka Sauce
Baked Ziti
Chicken & Pasta Alfredo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*

Friday's Salads/Dips/Soup

Tuna Nicoise Salad*
Tuna Pasta Salad
Quinoa w/Kale Cran & Almonds*
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*
Mexican Street Corn*
Guacamole*
Fresh Tomato Salsa
Soup: Chicken Noodle
Soup: Clam Chowder
Soup:

SAT.-VEGGIES/SIDES/PASTA/SALAD

Green Beans w/Almonds*
Gruyere Scalloped Potatoes*
Cheddar Scalloped Potatoes*
Summer Pasta Verde
Vegetarian Chickpea Salad*
Tuna Pasta Salad
Chicken Salad*
Tuna Salad & Egg Salad
Bread Pudding
Apple Crisp
Brownies