

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – January 26**

**TUESDAY – January 27**

Pork Tend. w/Braised Cabbage \*  
Cuban Chicken Shrimp & Rice\*  
Whole Roast Chix Dinner\*  
Beef Tenderloin  
Veal Toscana  
Sliced BBQ Beef w/Baked beans\*  
Chicken Pad Thai w/Chili Garlic \*  
Vegetarian Stuffed Peppers\*  
Beef Bourguignon  
Ziti w/Broccoli & Chicken  
Shepherd's Pie  
Broccoli & Sausage Aglio Olio  
Grilled Chicken & Pasta Pesto Sauce  
Spaghetti alla Carbonara  
Baked Ziti  
Pasta w/Meat Sauce  
Baked Cheese Ravioli  
Buffalo Mac & Cheese  
Stuffed Shells  
Grilled Shrimp w/Lem. & Garlic  
Linguine w/Lemon & Garlic  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia

***Merry Me Chicken***

Chicken Cordon Bleu  
Chicken Parmesan  
Grilled Chicken Margherita\*  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Cutlets

**VEGGIES/SIDES/PASTA/SALAD**

Fresh Vegetable Mix\*  
Green Beans w/ Almonds\*  
Sautéed Spinach\*  
Roasted Cauliflower\*  
Roasted Brussel Sprouts\*  
Pasta Vita Chicken Salad\*  
Summer Chicken Salad\*  
Summer Pasta Verde  
Traditional Bread Pudding

**Soup: Pasta Fagioli**

**Soup: New England Clam Chowder**

**WEDNESDAY – January 28**

Salmon w/Eggplant Tom. & Capers\*  
Chicken Enchiladas w/Mexican Rice  
Whole Roast Chicken Dinner \*  
Pork Chops Milanese  
Marsala Braised Short Ribs  
Teriyaki Flank Steak w/Fried Rice  
Roast Turkey Dinner  
Tuscan Beef Stew  
Salisbury Steak w/Mashed Potatoes  
French Chicken Ratatouille \*  
Shepherd's Pie  
Lemon Sole w/Orzo  
Macaroni & Cheese  
Veal Parmesan  
Southern Chicken Tenders  
Fried Shrimp w/Remoulade  
Stuffed Peppers\*  
Grilled Chicken w/Penne & Brie  
Classic Meatloaf Dinner  
Grilled Shrimp Linguine  
Linguine w/Fresh Vegetables  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce

***Merry Me Chicken***

Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Parmesan & Pasta  
Chicken Milanese  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Cutlets  
Pasta Vita Grilled Chicken Breast

**VEGGIES/SIDES/PASTA/SALAD**

Classic Mashed Potatoes  
Broccoli Rabe\*  
Green Beans w/ Almonds\*  
Roasted Beets & Carrots\*  
Roasted Sweet Potatoes\*  
Cheddar Scalloped Potatoes\*  
Gruyere Scalloped Potatoes\*  
Creamed Spinach\*  
Chicken Salad\*  
Summer Pasta Verde.  
Tuna & Egg Salads\*  
Chocolate & Vanilla Pudding\*

**Quesadilla**

**Soup: Chicken & Rice**

**Soup: Curried Lentil**

**THURSDAY – January 29**

Salmon w/Sweet Chili Glaze\*  
Beef Tend. w/Red Wine Demi  
Baked Boston Cod w/Rice Pilaf  
Grilled Shrimp Fajitas  
**African Lamb Stew**  
K. C. Rib's w/B.B.Q. Sauce\*  
Fish Tacos w/Mexican Rice  
Sicilian Pork Chops  
Crab Cakes w/Remoulade  
Herbed Roasted Chicken  
Chicken Pot Pie  
Turkey Tetrazzini  
Yankee Pot Roast \*  
Chicken Marbella\* (thighs)  
Chipotle Steak Bowl

***Short Rib Ragu***

Veal w/Artichokes Lem & Capers  
Baked Stuffed Shrimp w/Rice Pilaf  
Mushroom Truffle Mac & Cheese  
Lemon sole w/Orzo  
Coconut Shrimp  
Stuffed Shells  
Spinach & Cheese Manicotti  
Shrimp Scampi  
Baked Sausage Ravioli  
Grilled Chix & Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Lucchese  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise

**VEGGIES/SIDES/PASTA/SALAD**

Green Beans w/Almonds\*  
Roasted Asparagus w/Sea Salt\*  
Roasted Vegetables\*  
Roasted Root Vegetables\*  
Broccoli au Gratin\*  
Cajun Chicken Pasta Salad  
Summer Pasta Verde  
Pasta Vita Chicken Salad\*  
Curried Chicken Salad\*  
Summer Chicken Salad\*  
Mexican Street Corn\*

**Soup: Tomato Bisque**

**Soup: Turkey & Wild Rice**

**FRIDAY- January 30**

Grilled Salmon w/Roasted Veg.\*  
**Bang Bang Shrimp & Chicken**  
Beef Tenderloin Au Poivre  
Baked Boston Cod Rice Pilaf  
Whole Roast Chicken Dinner\*  
Beef Tips w/Cow Boy Butter  
Pork Tenderloin Satay  
Chicken Enchiladas w/Mexican Rice  
Southern Chicken Tenders  
BBQ Pulled Pork\*  
London Broil  
Crabmeat Stuffed Sole w/Couscous  
Lemon Sole w/ Orzo  
Beef Bourguignon  
Garlic Parmesan Chicken (thighs) \*  
Macaroni & Cheese

Spaghetti Carbonara  
Stuffed Shells  
Cavatelli w/Broccoli Rabe & Sausage  
Ziti Broccoli & Chicken  
Sausage & Peppers\*  
Classic Meatloaf Dinner  
Stuffed Peppers\*  
Grilled Shrimp linguine  
Linguine w/Fresh Vegetables  
Crab Cakes w/Remoulade  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Grilled Chix & Grilled Vegetables\*  
Grilled Chicken Margherita\*  
Chicken Italiano

***Merry Me Chicken***

Chicken Milanese  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Parmesan & Pasta  
Chicken Marsala  
Chicken Francaise  
Chicken Piccata  
Grilled Chicken Breast\*  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Roasted Vegetables\*  
Classic Mashed Potatoes\*  
Green Beans w/almonds\*  
Italian Broccoli\*  
Roasted Brussels Sprouts\*

**SATURDAY – January 31**

Baked Spiral Ham Dinner\*  
Thai Shrimp Chicken Curry\*  
Pasta w/Meatballs Marinara  
Stuffed Shells  
Shrimp Scampi  
Macaroni & Cheese  
Penne w/Vodka Sauce  
Baked Ziti  
Chicken & Pasta Alfredo  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*

**Friday's Salads/Dips/Soup**

Tuna Nicoise Salad\*  
Tuna Pasta Salad  
**Quinoa w/Kale Cran & Almonds\***  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
Mexican Street Corn\*  
Guacamole\*  
Fresh Tomato Salsa  
**Soup: Chicken Noodle**  
**Soup: Clam Chowder**  
**Soup:**

**SAT.-VEGGIES/SIDES/PASTA/SALAD**

Green Beans w/Almonds\*  
Gruyere Scalloped Potatoes\*  
Cheddar Scalloped Potatoes\*  
Summer Pasta Verde  
Vegetarian Chickpea Salad\*  
Tuna Pasta Salad  
Chicken Salad\*  
Tuna Salad & Egg Salad  
Bread Pudding  
Apple Crisp  
Brownies