

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – October 6**

Pork Tend. w/Maple Balsamic Glaze  
Chicken Shrimp & Sausage Gumbo\*  
Thai Shrimp & Chicken Curry\*  
Whole Roast Chix Dinner\*  
Beef & Broccoli Stir Fry  
White Bean Escarole Stew \*  
Stuffed Peppers\*  
Beef Bourguignon  
Ziti w/Broccoli & Chicken  
Shepherd's Pie  
Pasta Sausage w/Broccoli Aglio Olio  
Chix & Pasta Siena  
Baked Ziti  
Macaroni and Cheese  
Stuffed Shells  
Pasta w/Meatballs  
Classic Meatloaf Dinner  
Linguine w/White Clam Sauce  
Spinach & Cheese Manicotti  
Shrimp alla Vita  
Linguine alla Vita  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Grilled Chicken Margherita\*  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Cutlets

**VEGGIES/SIDES/PASTA/SALAD**

Fresh Vegetable Mix\*  
Green Beans w/ Almonds\*  
Sautéed Spinach\*  
Roasted Cauliflower\*  
Roasted Brussel Sprouts\*  
Tuna Pasta Salad  
Pasta Vita Chicken Salad\*  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Summer Pasta Verde  
Traditional Bread Pudding

**Soup: Chicken Noodle**

**Soup: Italian Wedding**

**TUESDAY – October 7**

**Salmon w/Mango Salsa\***  
**Beef Tenderloin Diane**  
Chicken Pad Thai w/Chili Garlic  
Shrimp Tacos w/Cilantro Lime  
Baked Boston Cod w/Rice pilaf  
Whole Roast Chicken\*  
**Veal & Peppers**  
Tomato Basil Risotto\*  
**K.C BBQ Chicken\***  
Pork Chops Pizzaiola  
Chipotle Chicken Bowl\*  
Vegetarian Stuffed Peppers\*  
London Broil w/ Mashed Pot.  
Chicken Pot Pie  
Spaghetti alla Carbonara  
Baked Cheese Ravioli Dinner  
Buffalo Macaroni & Cheese  
Stuffed Shells  
Pasta Napolitana  
Chix & Pasta w/Creamy Arrabiata  
Sausage and Peppers\*  
Shrimp Scampi  
Coconut Chicken w/Mango Salsa  
Grilled Chix w/Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Alicia  
Chicken Palermo  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise

**VEGGIES/SIDES/PASTA/SALAD**

Roasted Vegetables\*  
Italian Broccoli\*  
Green Beans w/ Almonds\*  
Cauliflower au Gratin\*  
Twice Baked Potatoes\*  
Cheddar bacon Stuffed Potatoes  
**Orzo Salad w/Grilled Vegetables**  
Summer Pasta Verde  
Pasta Vita Chicken Salad \*  
Curried Chicken Salad\*  
Summer Chicken Salad\*  
Apple Crisp

**Soup: Clam Chowder**

**Soup: Pasta Fagioli**

**WEDNESDAY – October 8**

Grilled Salmon w/Honey Sriracha \*  
Chicken Enchiladas w/Mexican Rice  
Whole Roast Chicken Dinner\*  
Herbed Pork Loin  
Korean BBQ Short Ribs  
Flank Steak Chimichurri  
Roast Turkey Dinner  
**Tuscan Beef Stew**  
Salisbury Steak w/Mashed Potatoes  
**Chicken Marbella \***  
Shepherd's Pie  
**Stuffed Cabbage\***  
Lemon Sole w/Orzo  
Macaroni & Cheese  
Veal Parmesan  
Southern Chicken Tenders  
Fried Shrimp w/Remoulade  
Stuffed Peppers\*  
**Grilled Chicken w/Penne & Brie**  
Classic Meatloaf Dinner  
Grilled Shrimp Linguine  
Linguine w/Fresh Vegetables  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Parmesan & Pasta  
Chicken Milanese  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Cutlets  
Pasta Vita Grilled Chicken Breast

**VEGGIES/SIDES/PASTA/SALAD**

Broccoli Rabe\*  
Green Beans w/ Almonds\*  
**Roasted Beets & Carrots\***  
Roasted Sweet Potatoes\*  
**Cheddar Scalloped Potatoes\***  
**Gruyere Scalloped Potatoes\***  
Creamed Spinach\*  
Chicken Salad\*  
Summer Pasta Verde.  
Tuna & Egg Salads\*  
Chocolate & Vanilla Pudding\*  
Bread Pudding  
**Quesadilla**

**Soup: Chicken & Rice**

**Soup: Corn Chowder**

**THURSDAY – October 9**

Grilled Salmon Capellini  
**Beef Tend. w/Red wine Demi-Glace**  
Grilled Pork Chops Scarpriello  
Baked Boston Cod w/Rice Pilaf  
Beef & Bean Burrito  
K. C. Rib's w/B.B.Q. Sauce\*  
Fish Tacos w/Mexican Rice  
Crab Cakes w/Remoulade  
Herbed Roasted Chicken  
BBQ Pulled Pork\*  
**Chicken Pot Pie**  
**Turkey Tetrazzini**  
**Yankee Pot Roast \***  
**Chicken Milanese (thighs)\***  
Chipotle Steak Bowl  
Veal Parmesan  
Veal Luigi  
Baked Stuffed Shrimp w/Rice Pilaf  
Mushroom Truffle Mac & Cheese  
Lemon sole w/Orzo  
Coconut Shrimp  
Stuffed Shells  
Spinach & Cheese Manicotti  
Shrimp Scampi  
Baked Sausage Ravioli  
Grilled Chix & Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Portofino  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise

**VEGGIES/SIDES/PASTA/SALAD**

Green Beans w/Almonds\*  
Roasted Asparagus w/Sea Salt\*  
Roasted Vegetables\*  
**Roasted Root Vegetables\***  
**Broccoli au Gratin\***  
**Fresh Vegetable Mix\***  
Cajun Chicken Pasta Salad  
Summer Pasta Verde  
Pasta Vita Chicken Salad\*  
Curried Chicken Salad\*  
Summer Chicken Salad\*  
Mexican Street Corn\*

**Soup: Tomato Bisque**

**Soup:**

**FRIDAY- October 10**

Blackened Salmon+Chipotle Crema\*  
Jambalaya \*  
**Beef Tenderloin Bearnaise**  
Baked Boston Cod Rice Pilaf  
Whole Roast Chicken Dinner\*  
Beef Tips w/Mushroom Gravy  
**Pork Tend. w/Tarragon Mustard\***  
**Vegetable Pad Thai w/Chili Garlic**  
Chicken Enchiladas w/Mexican Rice  
Southern Chicken Tenders  
London Broil  
Crabmeat Stuffed Sole w/Couscous  
Lemon Sole w/ Orzo  
Beef Bourguignon  
**Chicken Stemperata**  
Macaroni & Cheese  
Baked Rigatoni w/Sausage & Asiago  
Spaghetti Carbonara  
Stuffed Shells  
Ziti Broccoli & Chicken  
Sausage & Peppers\*  
Classic Meatloaf Dinner  
Stuffed Peppers\*  
Grilled Shrimp linguine  
Linguine w/Fresh Vegetables  
Crab Cakes w/Remoulade  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Grilled Chix & Grilled Vegetables\*  
Grilled Chicken Margherita\*

Chicken Italiano  
Chicken Milanese  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Parmesan & Pasta  
Chicken Marsala  
Chicken Francaise  
Chicken Piccata  
Grilled Chicken Breast\*

**VEGGIES/SIDES/PASTA/SALAD**

Roasted Vegetables\*  
Classic Mashed Potatoes\*  
Green Beans w/almonds\*  
Italian Broccoli\*  
Roasted Brussels Sprouts\*

**SATURDAY – October 11**

Baked Spiral Ham Dinner\*  
Thai Shrimp Chicken Curry\*  
Pasta w/Meatballs Marinara  
Stuffed Shells  
Shrimp Scampi  
Macaroni & Cheese  
Penne w/Vodka Sauce  
Baked Ziti  
Chicken & Pasta Alfredo  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*

**Friday's Salads/Dips/Soup**

Tuna Nicoise Salad\*  
Tuna Pasta Salad  
Quinoa w/Cran Almonds & Kale \*  
**Farro Salad w/Arugula & Feta**  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
Mexican Street Corn\*  
Guacamole\*  
Fresh Tomato Salsa

**Soup: Chicken Noodle**

**Soup: Clam Chowder**

**Soup:**

**SAT.-VEGGIES/SIDES/PASTA/SALAD**

Green Beans w/Almonds\*  
Gruyere Scalloped Potatoes\*  
Cheddar Scalloped Potatoes\*  
Summer Pasta Verde  
Vegetarian Chickpea Salad\*  
Tuna Pasta Salad  
Chicken Salad\*  
Tuna Salad & Egg Salad  
Bread Pudding  
Apple Crisp  
Brownies