

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – July 7**

Pork Tend. w/Tomatoes & Capers  
Jambalaya\*  
Thai Shrimp & Chicken Curry\*  
Whole Roast Chix Dinner\*  
Beef & Broccoli Stir Fry  
White Bean Portobello Stew\*  
Stuffed Peppers\*  
Beef Bourguignon  
Ziti w/Broccoli & Chicken  
Shepherd's Pie  
Lake Como Rigatoni w/Sausage  
Chicken & Pasta Siena  
Baked Ziti  
Macaroni and Cheese  
Stuffed Shells  
Pasta w/Meatballs  
Classic Meatloaf Dinner  
Linguine w/White Clam Sauce  
Spinach & Cheese Manicotti  
Shrimp w/Lemon & Garlic  
Linguine w/Lemon & Garlic  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Grilled Chicken Margherita\*  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Fresh Vegetable Mix\*  
Green Beans w/ Almonds\*  
Sautéed Spinach\*  
Roasted Cauliflower\*  
Roasted Brussel Sprouts\*  
Tuna Pasta Salad  
Pasta Vita Chicken Salad\*  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Summer Pasta Verde  
Traditional Bread Pudding  
**Soup: Chicken Noodle**  
**Soup: Cucumber Avocado**  
**Gazpacho**

**TUESDAY – July 8**

Salmon w/Lemon & Dill/Broccoli\*  
Beef Tenderloin Béarnaise  
Chicken Pad Thai w/Chili Garlic  
Pork w/Cilantro Lime Crema  
Baked Boston Cod w/Rice pilaf  
Whole Roast Chicken\*  
Pork Chops Pizzaiola  
Chicken w/Rosemary & Prosciutto \*  
Chipotle Chicken Bowl\*  
Vegetarian Stuffed Peppers\*  
London Broil w/ Mashed Pot.  
Chicken Pot Pie  
Spaghetti alla Carbonara  
Baked Cheese Ravioli Dinner  
Buffalo Macaroni & Cheese  
Stuffed Shells  
Pasta Bolognese  
Chix+Pasta w/Pesto Cream Sauce  
Sausage and Peppers\*  
Shrimp Scampi  
Coconut Chicken w/Mango Salsa  
Grilled Chix w/Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Alicia  
Chicken Saltimbocca  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
**VEGGIES/SIDES/PASTA/SALAD**  
Classic Mashed Potatoes\*  
Roasted Vegetables\*  
Italian Broccoli\*  
Green Beans w/ Almonds\*  
Twice Baked Potatoes\*  
Cheddar bacon Stuffed Potatoes  
Mexican Street Corn\*  
Tabbouleh Salad\*  
Fresh Cole Slaw  
Classic Potato Salad  
Macaroni Salad  
Tuna Nicoise Salad  
Summer Pasta Verde  
Pasta Vita Chicken Salad \*  
Curried Chicken Salad\*  
Summer Chicken Salad\*  
Apple Crisp  
**Soup: Clam Chowder**  
**Gazpacho**

**WEDNESDAY – July 9**

Salmon Pesto Sun-Dried Tomatoes\*  
Chicken Enchiladas w/Mexican Rice  
Whole Roast Chicken Dinner\*  
Spanish Pork Roast  
Tuscan Short Ribs  
Flank Steak Chimichurri  
Roast Turkey Dinner  
Chicken Curry w/Basmati Rice \*  
Shepherd's Pie  
Lemon Sole w/Orzo  
Macaroni & Cheese  
Veal Parmesan  
Southern Chicken Tenders  
Fried Shrimp w/Remoulade  
Stuffed Peppers\*  
Stuffed Shells  
Grilled Chicken w/Penne & Brie  
**Rigatoni w/Mushrooms & Peas**  
Classic Meatloaf Dinner  
Grilled Shrimp Linguine  
Linguine w/Fresh Vegetables  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Parmesan & Pasta  
Chicken Milanese  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Cutlets  
Pasta Vita Grilled Chicken Breast  
**VEGGIES/SIDES/PASTA/SALAD**  
Classic Mashed Potatoes\*  
Broccoli Rabe\*  
Green Beans w/ Almonds\*  
Roasted Sweet Potatoes\*  
Creamed Spinach\*  
Chicken Salad\*  
Summer Pasta Verde.  
Tuna & Egg Salads\*  
Chocolate & Vanilla Pudding\*  
Bread Pudding  
**Quesadilla**  
**Soup: Chicken & Rice**  
**Soup: Cucumber Avocado**  
**Gazpacho**

**THURSDAY – July 10**

Salmon w/Pistachio Crust  
Poached Salmon w/Dill Sauce\*  
Beef Tend. w/Red Wine Demi  
Baked Boston Cod w/Rice Pilaf  
Pork Tend. w/Roasted Vegetables\*  
Beef & Bean Burrito  
**Vegetarian Chickpea Curry\***  
K. C. Rib's w/B.B.Q. Sauce\*  
Fish Tacos w/Mexican Rice  
Crab Cakes w/Remoulade  
Herbed Roasted Chicken  
Chicken Teriyaki\*  
Chipotle Steak Bowl  
Veal Milano  
Veal Francaise  
Sliced BBQ Beef Brisket\*  
Baked Stuffed Shrimp w/Rice Pilaf  
Mushroom Truffle Mac & Cheese  
Lemon sole w/Orzo  
Coconut Shrimp  
Stuffed Shells  
Spinach & Cheese Manicotti  
Shrimp Scampi  
Baked Sausage Ravioli  
Grilled Chix & Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Apulia  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
**VEGGIES/SIDES/PASTA/SALAD**  
Green Beans w/Almonds\*  
Roasted Asparagus w/Sea Salt\*  
Roasted Vegetables\*  
Steamed Mixed Vegetables\*  
Fresh Cole Slaw  
Orzo Salad w/Grilled Vegetables  
Classic Potato Salad  
Asian Beef & Noodle Salad  
Macaroni Salad  
Roasted Beets & Fennel Salad\*  
Roasted Corn & Black Bean Salad\*  
Cajun Chicken Pasta Salad  
Summer Pasta Verde  
Chicken Salad\*

**FRIDAY- July 11**

Salmon w/Tomatoes & Capers  
Beef Tenderloin Au Poivre  
Baked Boston Cod Rice Pilaf  
Whole Roast Chicken Dinner\*  
Beef Tips w/Mushroom Gravy  
Chicken Enchiladas w/Mexican Rice  
Southern Chicken Tenders  
BBQ Pulled Pork\*  
Vegetable Stuffed Sole w/Couscous  
Lemon Sole w/ Orzo  
Beef Bourguignon  
BBQ Chicken thighs\*  
Macaroni & Cheese  
Pasta w/Sausage & Diced Mozz  
London Broil w/Mash Pot. +gravy  
Spaghetti Carbonara  
Stuffed Shells  
Ziti Broccoli & Chicken  
Sausage & Peppers\*  
Classic Meatloaf Dinner  
Stuffed Peppers\*  
Grilled Shrimp linguine  
Linguine w/Fresh Vegetables  
Crab Cakes w/Remoulade  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Grilled Chix & Grilled Vegetables\*  
Grilled Chicken Margherita\*  
Chicken Italiano  
Chicken Milanese  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Parmesan & Pasta  
Chicken Marsala  
Chicken Francaise  
Chicken Piccata  
Grilled Chicken Breast\*  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Roasted Vegetables\*  
Classic Mashed Potatoes\*  
Green Beans w/almonds\*  
Italian Broccoli\*  
Roasted Brussels Sprouts\*  
**Summer Berry Cobbler**

**SATURDAY – July 12**

Baked Spiral Ham Dinner\*  
Thai Shrimp Chicken Curry\*  
Pasta w/Meatballs Marinara  
Stuffed Shells  
Shrimp Scampi  
Macaroni & Cheese  
Penne w/Vodka Sauce  
Baked Ziti  
Chicken & Pasta Alfredo  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*

**Friday's Salads/Dips/Soup**

Tuna Nicoise Salad\*  
Tuna Pasta Salad  
**Mediterranean Quinoa\***  
Roasted Corn & Black Bean Salad  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
Mexican Street Corn\*  
Guacamole\*  
Fresh Tomato Salsa

**Soup: Chicken Noodle**

**Soup: Clam Chowder**

**SAT.-VEGGIES/SIDES/PASTA/SALAD**

Green Beans w/Almonds\*  
Gruyere Scalloped Potatoes\*  
Cheddar Scalloped Potatoes\*  
Summer Pasta Verde  
Vegetarian Chickpea Salad\*  
Tuna Pasta Salad  
Chicken Salad\*  
Tuna Salad & Egg Salad  
Bread Pudding  
Apple Crisp  
Brownies