

PASTA VITA

OLD SAYBROOK

CHEF'S SPECIALS

(860) 395-1452

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.

Indicates entrees that are wheat free

MONDAY – June 30

Pork Tend. w/Tarragon Mustard Jambalaya*
 Thai Shrimp & Chicken Curry*
 Whole Roast Chix Dinner*
 Beef Tips w/Mushroom Gravy
 Vegetarian Chickpea Curry*
 Stuffed Peppers*
 Beef Bourguignon
 Ziti w/Broccoli & Chicken
 Shepherd's Pie
 Cavatelli w/Broccoli Rabe & Sausage
 Chicken & Pasta Siena
 Baked Ziti
 Macaroni and Cheese
 Stuffed Shells
 Pasta w/Meatballs
 Classic Meatloaf Dinner
 Spinach & Cheese Manicotti
 Shrimp alla Vita
 Linguine alla Vita
 Penne w/Vodka Sauce
 Chicken Limone w/Pasta
 Chicken Alicia
 Chicken Cordon Bleu
 Chicken Parmesan
 Grilled Chicken Margherita*
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
 Fresh Vegetable Mix*
 Green Beans w/ Almonds*
 Sautéed Spinach*
 Roasted Cauliflower*
 Roasted Brussel Sprouts*
 Quinoa w/Black Beans & Tom. *
 Tuna Pasta Salad
 Pasta Vita Chicken Salad*
 Summer Chicken Salad*
 Curried Chicken Salad*
 Summer Pasta Verde
 Traditional Bread Pudding
Soup: Chicken Noodle
Soup: Cucumber Avocado
Gazpacho

TUESDAY – July 1

Salmon w/Tomatoes Olives & Basil*
Grilled Shrimp w/Roasted Veg.*
 Beef Tenderloin au Poivre
 Chicken Pad Thai w/Chili Garlic
 Shrimp Tacos
 Baked Boston Cod w/Rice pilaf
 Whole Roast Chicken*
 Pork Chops Milanese
 Cilantro Lime Chicken *
 Chipotle Chicken Bowl*
 Vegetarian Stuffed Peppers*
 London Broil w/ Mashed Pot.
 Chicken Pot Pie
 Spaghetti alla Carbonara
 Baked Cheese Ravioli Dinner
 Buffalo Macaroni & Cheese
 Stuffed Shells
 Chicken & Pasta Arrabiatta
Sausage and Peppers*
 Shrimp Scampi
 Coconut Chicken w/Mango Salsa
 Grilled Chix w/Grilled Vegetables*
 Chicken Limone w/Pasta
 Chicken Cordon Bleu
 Grilled Chicken Margherita*
 Chicken Alicia
 Chicken Palermo
 Chicken Parmesan
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
VEGGIES/SIDES/PASTA/SALAD
 Roasted Vegetables*
 Italian Broccoli*
 Green Beans w/ Almonds*
 Twice Baked Potatoes*
 Cheddar bacon Stuffed Potatoes
 Mexican Street Corn*
 Tabbouleh Salad*
 Fresh Cole Slaw
 Classic Potato Salad
 Macaroni Salad
 Tuna Nicoise Salad
 Summer Pasta Verde
 Pasta Vita Chicken Salad *
 Curried Chicken Salad*
 Summer Chicken Salad*
 Apple Crisp
Soup: Clam Chowder
Gazpacho

WEDNESDAY – July 2

Salmon Cakes w/Remoulade Sauce*
 Poached Salmon w/Dill Sauce*
 Chicken Enchiladas w/Mexican Rice
 Whole Roast Chicken Dinner*
 Stuffed Pork Loin w/Lem+Proscutto
 Marsala Braised Short Ribs
 Chicken Kabobs w/Rice Pilaf
 Balsamic Glazed Flank Steak
 Roast Turkey Dinner
K.C BBQ Chicken (thighs)*
BBQ Sliced Beef Brisket*
 Shepherd's Pie
 Lemon Sole w/Orzo
 Macaroni & Cheese
 Veal Parmesan
 Southern Chicken Tenders
 Fried Shrimp w/Remoulade
 Stuffed Peppers*
 Stuffed Shells
 Grilled Chicken w/Penne & Feta
 Classic Meatloaf Dinner
 Grilled Shrimp Linguine
 Linguine w/Fresh Vegetables
 Shrimp w/Vodka Sauce
 Penne w/Vodka Sauce
 Chicken Limone w/Pasta
 Chicken Alicia
 Chicken Cordon Bleu
 Grilled Chicken Margherita*
 Chicken Parmesan & Pasta
 Chicken Milanese
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Chicken Cutlets
 Pasta Vita Grilled Chicken Breast
VEGGIES/SIDES/PASTA/SALAD
 Broccoli Rabe*
 Green Beans w/ Almonds*
 Roasted Sweet Potatoes*
 Creamed Spinach*
 Quinoa w/Spinach Art & Feta
 Roasted Corn & Black Bean Salad*
 Chicken Salad*
 Summer Pasta Verde.
 Tuna & Egg Salads*
 Chocolate & Vanilla Pudding*
Quesadilla
Soup: Chicken & Rice
Soup: Cucumber Avocado
Gazpacho

THURSDAY – July 3

Salmon w/Mango Salsa*
 Beef Tend. w/Red Wine Demi
 Baked Boston Cod w/Rice Pilaf
 Sirloin Beef Kabos w/Rice Pilaf
 Jamaican Jerk Pork Tenderloin *
 Grilled Steak Fajitas
 K. C. Rib's w/B.B.Q. Sauce*
 Fish Tacos w/Mexican Rice
 Crab Cakes w/Remoulade
 Herbed Roasted Chicken
 Garlic Parmesan Chicken (thighs)*
 Veal Piccata
 Macaroni & Cheese
 BBQ Pulled Pork
 Baked Stuffed Shrimp w/Rice Pilaf
 Lemon sole w/Orzo
 Coconut Shrimp
 Stuffed Shells
 Shrimp Scampi
 Sausage & Peppers
 Grilled Chix & Grilled Vegetables*
 Chicken Limone w/Pasta
 Chicken Alicia
 Chicken Cordon Bleu
 Grilled Chicken Margherita*
 Chicken Portofino
 Chicken Parmesan
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
VEGGIES/SIDES/PASTA/SALAD
 Green Beans w/Almonds*
 Roasted Asparagus w/Sea Salt*
 Roasted Vegetables*
 Steamed Mixed Vegetables*
 Chef Lou's Baked Beans*
 Fresh Cole Slaw
 Quinoa w/Spinach Art & Feta
 Orzo Salad w/Grilled Vegetables
 Classic Potato Salad
 Asian Beef & Noodle Salad
 Macaroni Salad
 Tuna Nicoise Salad*
 Tuna Pasta Salad
 Roasted Beets & Fennel Salad*
 Roasted Corn & Black Bean Salad*
 Cajun Chicken Pasta Salad
 Summer Pasta Verde
 Chicken Salad*

FRIDAY- July 4

Closed Friday 7/4

Will re-open Sat.
7/5
8am-5:30

Happy 4th of July



SATURDAY – July 5

Baked Spiral Ham Dinner*
 Thai Shrimp Chicken Curry*
 Pasta w/Meatballs Marinara
 Stuffed Shells
 Shrimp Scampi
 Macaroni & Cheese
 Penne w/Vodka Sauce
 Baked Ziti
 Chicken & Pasta Alfredo
 Chicken Parmesan
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Grilled Chicken Breast*

SAT.-VEGGIES/SIDES/PASTA/SALAD

Green Beans w/Almonds*
 Gruyere Scalloped Potatoes*
 Cheddar Scalloped Potatoes*
 Summer Pasta Verde
 Vegetarian Chickpea Salad*
 Tuna Pasta Salad
 Chicken Salad*
 Tuna Salad & Egg Salad
 Bread Pudding
 Apple Crisp
 Brownies