

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.

Indicates entrees that are wheat free

MONDAY – September 30

Pork Tend. w/Cider Maple Glaze*
Jambalaya *
Thai Shrimp & Chicken Curry*
Whole Roast Chix Dinner*
Classic Beef Stroganoff
White Bean Portobello Stew*
Stuffed Peppers*
Beef Bourguignon
Ziti w/Broccoli & Chicken
Shepherd's Pie
Pasta Sausage & Diced Mozzarella
Chicken & Pasta Siena
Baked Ziti
Macaroni and Cheese
Stuffed Shells
Pasta w/Meatballs
Classic Meatloaf Dinner
Linguine w/White Clam Sauce
Spinach & Cheese Manicotti
Blackened Shrimp w/Tom. Alfredo
Pasta w/Tomato Alfredo
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Grilled Chicken Margherita*
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
Fresh Vegetable Mix*
Green Beans w/ Almonds*
Sautéed Spinach*
Roasted Cauliflower*
Roasted Brussel Sprouts*
Quinoa w/Black Beans & Tomatoes*
Tuna Pasta Salad
Pasta Vita Chicken Salad*
Summer Chicken Salad*
Curried Chicken Salad*
Summer Pasta Verde
Traditional Bread Pudding
Soup: Chicken Noodle
Soup: Curried Lentil

TUESDAY – October 1

Salmon w/Feta Herb Crust
Grilled Ribeye w/Chive Bacon Butter
Chicken Pad Thai w/Chili Garlic
Chicken Tacos
Baked Boston Cod w/Rice pilaf
Whole Roast Chicken*
Pork Chops Milanese
Indian Butter Chicken *
Butternut Sage Risotto*
Chipotle Chicken Bowl*
Vegetarian Stuffed Peppers*
London Broil w/ Mashed Pot.
Chicken Pot Pie
Spaghetti alla Carbonara
Baked Cheese Ravioli Dinner
Buffalo Macaroni & Cheese
Stuffed Shells
Pasta Bolognese
Pasta w/Artichokes & Asparagus
Chicken & Pasta Caprese
Sausage and Peppers*
Shrimp Scampi
Coconut Chicken w/Mango Salsa
Grilled Chix w/Grilled Veg*
Chicken Limone w/Pasta
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Alicia
Chicken Milanese
Chicken Italiano
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
VEGGIES/SIDES/PASTA/SALAD
Roasted Vegetables*
Italian Broccoli*
Green Beans w/ Almonds*
Twice Baked Potatoes*
Cheddar bacon Stuffed Potatoes
Cauliflower au Gratin*
Tuna Nicoise*
Mexican Street Corn*
Summer Pasta Verde
Pasta Vita Chicken Salad *
Curried Chicken Salad*
Summer Chicken Salad*
Apple Crisp
Soup: Clam Chowder
Soup: Pasta Fagioli

WEDNESDAY – October 2

Teriyaki Salmon w/Broccoli *
Chicken Enchiladas w/Mexican Rice
Whole Roast Chicken Dinner*
Herbed Pork Loin w/Mashed Pot.
Short Ribs w/Bacon Lardoons
Balsamic Flank Steak
Roast Turkey Dinner
Salisbury Steak Dinner
Chicken Cacciatore (thighs)*
Shepherd's Pie
Tuscan Beef Stew
Lemon Sole w/Orzo
Macaroni & Cheese
Veal Parmesan
Southern Chicken Tenders
Fried Shrimp w/Remoulade
Stuffed Peppers*
Stuffed Shells
Grilled Chicken w/Penne & Feta
Classic Meatloaf Dinner
Grilled Shrimp Linguine
Linguine w/Fresh Vegetables
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
VEGGIES/SIDES/PASTA/SALAD
Broccoli Rabe*
Green Beans w/ Almonds*
Roasted Sweet Potatoes*
Roasted Brussel Sprouts*
Creamed Spinach*
Roasted Beets & Carrots*
Scalloped Potatoes*
Chicken Salad*
Summer Pasta Verde.
Tuna & Egg Salads*
Belgian Chocolate Pudding*
Vanilla Bean Pudding
Chocolate Bread Pudding
Quesadilla
Soup: Chicken & Rice
Soup: Butternut Bisque

THURSDAY – October 3

Grilled Salmon Zahtar*
Beef Tend. Red Wine Demi
Baked Boston Cod w/Rice Pilaf
Pork Chops Pizzaiola
Steak Fajitas w/Mexican Rice
K. C. Rib's w/B.B.Q. Sauce*
Chipotle Steak Bowl*
Fish Tacos w/Mexican Rice
Crab Cakes w/Remoulade
Herbed Roasted Chicken
Chicken Pot Pie
Turkey Tetrazzini
Yankee Pot Roast*
Chicken Marbella (thighs)*
Veal Milano
Veal Piccata
Baked Stuffed Shrimp w/Rice Pilaf
Mushroom Truffle Mac & Cheese
Lemon sole w/Orzo
Coconut Shrimp
Stuffed Shells
Spinach & Cheese Manicotti
Shrimp Scampi
Baked Sausage Ravioli
Grilled Chicken & Grilled Vegetables
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Portofino
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
VEGGIES/SIDES/PASTA/SALAD
Classic Mashed Potatoes*
Green Beans w/Almonds*
Roasted Asparagus w/Sea Salt*
Roasted Vegetables *
Roasted Root Vegetables*
Broccoli au Gratin*
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*
Soup: Split pea
Soup: Tomato Bisque

FRIDAY- October 4

Salmon w/Mango Salsa *
Jambalaya *
Beef Tenderloin Au Poivre
Beef Tend. Tips w/Mushroom Gravy
Baked Boston Cod Rice Pilaf
Whole Roast Chicken Dinner*
Pork Tend. w/Tomato's & Capers
Chicken Enchiladas w/Mexican Rice
Southern Chicken Tenders
BBQ Pulled Pork*
Vegetable Stuffed Sole w/Couscous
Lemon Sole w/ Orzo
Beef Bourguignon
Chicken & Gnocchi (thighs)*
Macaroni & Cheese
Baked Rigatoni w/Sausage & Asiago
London Broil w/Mash Pot. +gravy
Spaghetti Carbonara
Stuffed Shells
Ziti Broccoli & Chicken
Sausage & Peppers*
Classic Meatloaf Dinner
Stuffed Peppers*
Grilled Shrimp linguine
Linguine w/Fresh Vegetables
Crab Cakes w/Remoulade
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Grilled Chix & Grilled Veg.*
Grilled Chicken Margherita*
Chicken Italiano
Chicken Milanese
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Francaise
Chicken Piccata
Grilled Chicken Breast*
Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
Roasted Vegetables*
Classic Mashed Potatoes*
Green Beans w/almonds*
Italian Broccoli*
Roasted Brussels Sprouts*

SATURDAY – October 5

Baked Spiral Ham Dinner*
Thai Shrimp Chicken Curry*
Pasta w/Meatballs Marinara
Stuffed Shells
Shrimp Scampi
Macaroni & Cheese
Penne w/Vodka Sauce
Baked Ziti
Chicken & Pasta Alfredo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
Friday Cont.:
Tuna Nicoise Salad*
Tuna Pasta Salad
Mexican Street Corn*
Quinoa w/Spinach Art & Feta*
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*
Soup: Chicken Noodle
Soup: Clam Chowder
Soup: Beef & Bean Chili
SAT.-VEGGIES/SIDES/PASTA/SALAD
Green Beans w/Almonds*
Gruyere Scalloped Potatoes*
Cheddar Scalloped Potatoes*
Summer Pasta Verde
Vegetarian Chickpea Salad*
Tuna Pasta Salad
Chicken Salad*
Tuna Salad & Egg Salad
Pumpkin Bread Pudding
Apple Crisp
Brownies