

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – July 29**

Pork Tend. w/Tom. & Capers  
Portuguese Chicken Shrimp & Rice\*  
Thai Shrimp & Chicken Curry\*  
Whole Roast Chix Dinner\*  
Beef & Broccoli Stir Fry  
Vegetarian Chickpea Curry\*  
Stuffed Peppers\*  
Beef Bourguignon  
Ziti w/Broccoli & Chicken  
Shepherd's Pie  
Pasta & Sausage w/Arrabiatta Sauce  
Chicken & Pasta Siena  
Baked Ziti  
Macaroni and Cheese  
Stuffed Shells  
Pasta w/Meatballs  
Classic Meatloaf Dinner  
Linguine w/White Clam Sauce  
Spinach & Cheese Manicotti  
Shrimp alla Vita  
Linguine alla Vita  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Grilled Chicken Margherita\*  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Chicken Francaise  
Grilled Chicken Breast\*  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Fresh Vegetable Mix\*  
Green Beans w/ Almonds\*  
Sautéed Spinach\*  
Roasted Cauliflower  
Roasted Brussel Sprouts\*  
Tuna Pasta Salad\*  
Pasta Vita Chicken Salad\*  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Summer Pasta Verde  
Bread Pudding  
**Soup: Chicken Noodle**  
**Soup: Gazpacho**

**TUESDAY – July 30**

Salmon w/Pesto & Sundried Tom. \*  
Grilled Salmon\*  
Chicken Pad Thai w/Chili Garlic  
Chicken Tacos  
Baked Boston Cod w/Rice pilaf  
Whole Roast Chicken\*  
Chicken Marbella \*  
Chipotle Chicken Bowl\*  
Vegetarian Stuffed Peppers\*  
London Broil w/ Mashed Pot.  
BBQ Pulled Pork\*  
Spaghetti alla Carbonara  
Baked Cheese Ravioli Dinner  
Buffalo Macaroni & Cheese  
Stuffed Shells  
Pasta w/Bolognese  
Pasta w/Grilled Chix Tom & Bacon  
**Sausage and Peppers\***  
Shrimp Scampi  
Coconut Chicken w/Mango Salsa  
Grilled Chix w/Grilled Veg\*  
Chicken Limone w/Pasta  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Alicia  
Chicken Italiano  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
**VEGGIES/SIDES/PASTA/SALAD**  
Roasted Vegetables\*  
Italian Broccoli\*  
Green Beans w/ Almonds\*  
Twice Baked Potatoes\*  
Tuna Nicoise\*  
Tabbouleh  
Classic Potato Salad  
Cole slaw  
Grilled Salmon Pasta Salad  
Macaroni Salad  
Mexican Street Corn\*  
Summer Pasta Verde  
Chicken Salad  
Apple Crisp  
**Soup: Clam Chowder**

**WEDNESDAY – July 31**

Salmon Cakes w/Remoulade \*  
Grilled Salmon\*  
Grilled Shrimp\*  
Chicken Enchiladas w/Mexican Rice  
Whole Roast Chicken Dinner\*  
Herbed Pork Loin w/Mashed Pot.  
Korean Short Ribs w/ Rice  
Ancho Chili Flank Steak  
Roast Turkey Dinner  
Salisbury Steak Dinner  
Chicken Cacciatore\*  
Shepherd's Pie  
Lemon Sole w/Orzo  
Macaroni & Cheese  
Veal Parmesan  
Southern Chicken Tenders  
Fried Shrimp w/Remoulade  
Stuffed Peppers\*  
Stuffed Shells  
Rigatoni w/Sausage & Asiago  
Grilled Chicken w/Penne & Brie  
Classic Meatloaf Dinner  
Grilled Shrimp Linguine  
Linguine w/Fresh Vegetables  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Parmesan & Pasta  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
**VEGGIES/SIDES/PASTA/SALAD**  
Broccoli Rabe\*  
Green Beans w/ Almonds\*  
Roasted Sweet Potatoes\*  
Roasted Brussel Sprouts\*  
Chicken Salad\*  
Summer Pasta Verde  
Quinoa w/Black Beans & Tomatoes  
Tuna & Egg Salads\*  
Belgian Chocolate Pudding\*  
Vanilla Bean Pudding  
Traditional Bread Pudding  
**Quesadilla**  
**Soup: Chicken & Orzo**  
**Soup: Gazpacho**

**THURSDAY – August 1**

Blackened Salmon+Chipotle Crema  
Grilled Salmon\*  
Brazilian Style Cod  
Poached Salmon w/Dill Sauce\*  
Beef Tend. Chive Bacon Butter  
Pork Tend. w/Braised Cabbage  
Grilled Shrimp Fajitas  
White Bean & Portobello Stew  
K. C. Rib's w/B.B.Q. Sauce\*  
Chipotle Steak Bowl\*  
Fish Tacos w/Mexican Rice  
Crab Cakes w/Remoulade  
Herbed Roasted Chicken  
Sliced BBQ Beef Brisket\*  
BBQ Chicken (thighs)\*  
Veal Milano  
Veal w/Piccata  
Baked Stuffed Shrimp w/Rice Pilaf  
Mushroom Truffle Mac & Cheese  
Lemon sole w/Orzo  
Coconut Shrimp  
Stuffed Shells  
Spinach & Cheese Manicotti  
Shrimp Scampi  
Baked Sausage Ravioli  
Grilled Chicken & Grilled Vegetables  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Portofino  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
**VEGGIES/SIDES/PASTA/SALAD**  
Green Beans w/Almonds\*  
Roasted Vegetables \*  
Fresh Cole Slaw\*  
Roasted Asparagus\*  
Classic Potato Salad\*  
Macaroni Salad  
Mediterranean Potato Salad  
Orzo & Grilled Vidalia Onion Salad  
Roasted Beet & Fennel Salad\*  
Roasted Corn & Black Bean Salad\*  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
**Soup: Chilled Cucumber Avocado**

**FRIDAY- August 2**

Salmon w/Lemon & Dill \*  
Grilled Swordfish Kabobs  
Grilled Salmon\*  
Jambalaya\*  
Beef Tenderloin Au Poivre  
Baked Boston Cod Rice Pilaf  
Beef Tips au Jus w/Rice Pilaf  
Chicken Balsamico w/Rst. Potatoes  
Whole Roast Chicken Dinner\*  
Pork Chops Milanese  
Chicken Enchiladas w/Mexican Rice  
Southern Chicken Tenders  
BBQ Pulled Pork\*  
Crabmeat Stuffed Sole w/Couscous  
Lemon Sole w/ Orzo  
Beef Bourguignon  
Chicken alla Roma  
Macaroni & Cheese  
Italian Sunday Dinner  
London Broil w/Mash Pot. +gravy  
Spaghetti Carbonara  
Stuffed Shells  
Ziti Broccoli & Chicken  
Sausage & Peppers\*  
Classic Meatloaf Dinner  
Stuffed Peppers\*  
Grilled Shrimp linguine  
Linguine w/Fresh Vegetables  
Crab Cakes w/Remoulade  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Grilled Chix & Grilled Veg.\*  
Grilled Chicken Margherita\*  
Chicken Italiano  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Parmesan & Pasta  
Chicken Marsala  
Chicken Francaise  
Chicken Piccata  
Grilled Chicken Breast\*  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Roasted Vegetables\*  
Classic Mashed Potatoes\*  
Green Beans w/almonds\*  
Italian Broccoli\*  
Broccoli Rabe  
Roasted Brussels Sprouts

**SATURDAY – August 3**

Baked Spiral Ham Dinner\*  
Thai Shrimp Chicken Curry\*  
Pasta w/Meatballs Marinara  
Stuffed Shells  
Shrimp Scampi  
Macaroni & Cheese  
Penne w/Vodka Sauce  
Baked Ziti  
Chicken & Pasta Alfredo  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
  
**Friday Cont.:**  
Tuna Nicoise Salad\*  
Tuna Pasta Salad  
Orzo Salad w/Grilled Vegetables  
Macaroni Salad  
Classic Potato Salad  
Cole Slaw  
Mexican Street Corn\*  
Quinoa w/Spinach Art & Feta\*  
Mediterranean Potato Salad  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
**Soup: Chicken Noodle**  
**Soup: Clam Chowder**  
**Soup: Gazpacho**  
  
**SAT.-VEGGIES/SIDES/PASTA/SALAD**  
Green Beans w/Almonds\*  
Gruyere Scalloped Potatoes\*  
Classic Scalloped Potatoes\*  
Summer Pasta Verde  
Vegetarian Chickpea Salad\*  
Tuna Pasta Salad  
  
Chicken Salad\*  
Tuna Salad & Egg Salad  
Apple Crisp  
Brownies