PASTA VITA **OLD SAYBROOK**

Pork Tenderloin w/Apricot Glaze*

CHEF'S SPECIALS

(860) 395-1452 Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready. *Indicates entrees that are wheat free*

MONDAY – May 6

TUESDAY – May 7

Cuban Shrimp Chicken & Rice * Thai Shrimp & Chicken Curry* Whole Roast Chix Dinner* Beef & Broccoli Stir Frv White Bean Escarole* Stuffed Peppers* **Beef Bourguignon** Ziti w/Broccoli & Chicken Shepherd's Pie Broccoli & Sausage Aglio olio Chix+Pasta Tom. & Goat Cheese Baked Ziti Macaroni and Cheese **Stuffed Shells** Pasta w/Meatballs **Classic Meatloaf Dinner** Linguine w/White Clam Sauce Spinach & Cheese Manicotti Shrimp alla Vita Linguine alla Vita Penne w/Vodka Sauce Chicken Limone w/Pasta Chicken Alicia Chicken Cordon Bleu **Chicken Parmesan** Grilled Chicken Margherita* Chicken Marsala **Chicken Piccata** Chicken Francaise Grilled Chicken Breast* **Chicken Cutlets** VEGGIES/SIDES/PASTA/SALAD

Fresh Vegetable Mix* Green Beans w/ Almonds* Sautéed Spinach* **Roasted Brussel Sprouts*** Tuna Pasta Salad* Pasta Vita Chicken Salad* Summer Chicken Salad* Curried Chicken Salad* Summer Pasta Verde **Bread Pudding** Soup: Chicken Noodle Soup: Minestrone

Salmon Cakes w/Remoulade Sauce Chicken Pad Thai w/Chili Garlic **Pulled Pork Tacos** Baked Boston Cod w/Rice pilaf Risotto w/Asparagus & Peas * Grilled Pork Chops Scarpriello Whole Roast Chicken* Chicken Pot Pie Chicken w/Spicy Red Curry * Chipotle Chicken Bowl* **Vegetarian Stuffed Peppers*** London Broil w/ Mashed Pot. Spaghetti alla Carbonara Baked Cheese Ravioli Dinner Buffalo Macaroni & Cheese Stuffed Shells Pasta w/Meat Sauce Grilled Chix & Pasta w/Wild Mush. Sausage and Peppers* Shrimp Scampi Coconut Chicken w/Mango Salsa Grilled Chix w/Grilled Veg* Chicken Limone w/Pasta Chicken Cordon Bleu Chicken Alicia Chicken Saltimbocca **Chicken Parmesan** Chicken Marsala Chicken Piccata Chicken Francaise Grilled Chicken Breast* VEGGIES/SIDES/PASTA/SALAD Mashed Potatoes*

Roasted Vegetables* Italian Broccoli* Green Beans w/ Almonds* Twice Baked Potatoes* Mexican Street Corn* Summer Pasta Verde Chicken Salad* Apple Crisp Soup: Clam Chowder Soup: Pasta Fagioli

Salmon w/Pistachio Crust Chicken Enchiladas w/Mexican Rice Whole Roast Chicken Dinner* Herbed Pork Loin w/Rst. Pot Marsala Braised Short Ribs Teriyaki Flank Steak w/Fried Rice* **Roast Turkey Dinner** Southern Baked Chicken Shepherd's Pie Stuffed Cabbage* Lemon Sole w/Orzo Macaroni & Cheese Veal Parmesan **Tuscan Beef Stew** Southern Chicken Tenders Fried Shrimp w/Remoulade Stuffed Peppers* Stuffed Shells Grilled Chicken Penne w/Feta **Classic Meatloaf Dinner Grilled Shrimp Linguine** Linguine w/Fresh Vegetables Shrimp w/Vodka Sauce Penne w/Vodka Sauce Chicken Limone w/Pasta Chicken Alicia Chicken Cordon Bleu Grilled Chicken Margherita* Chicken Parmesan & Pasta Chicken Marsala Chicken Piccata **Chicken Francaise Grilled Chicken Breast*** VEGGIES/SIDES/PASTA/SALAD

WEDNESDAY – May 8

Broccoli Rabe* Creamed Spinach* Green Beans w/ Almonds* **Roasted Sweet Potatoes*** Roasted Beets & Carrots* Roasted Brussel Sprouts* Chicken Salad* Summer Pasta Verde Tuna & Egg Salads* Belgian Chocolate Pudding* Vanilla Bean Pudding **Traditional Bread Pudding** Quesadilla Soup: Chicken & Rice

THURSDAY – May 9 Salmon* Beef Tenderloin RWD Baked Boston Cod w/Rice Pilaf Pork Chops Milanese K. C. Rib's w/B.B.Q. Sauce* Grilled Steak Fajitas Chipotle Steak Bowl* Fish Tacos w/Mexican Rice Crab Cakes w/Remoulade Herbed Roasted Chicken Chicken Pot Pie Coq au Vin (thighs)* Veal Milano Veal Piccata Baked Stuffed Shrimp w/Rice Pilaf Lobster Mac & Cheese Lemon sole w/Orzo **Coconut Shrimp** Chicken & Pasta Siena Stuffed Shells Turkey Tetrazzini Spinach & Cheese Manicotti Shrimp Scampi **Baked Sausage Ravioli** Grilled Chicken & Grilled Vegetables Sausage & Peppers* Chicken Limone w/Pasta Chicken Alicia Chicken Cordon Bleu Grilled Chicken Margherita* **Chicken Portofino** Chicken Parmesan Chicken Marsala **Chicken Piccata Chicken Francaise** VEGGIES/SIDES/PASTA/SALAD Green Beans w/Almonds* **Classic Mashed Potatoes* Roasted Vegetables *** Summer Pasta Verde Summer Chicken Salad* Curried Chicken Salad*

Pasta Vita Chicken Salad*

Soup: Broccoli Bisque

FRIDAY- May 10 Salmon Bearnaise w/Asparagus * Jambalava* **Beef Wellington** Beef Tenderloin Au Poivre Baked Boston Cod Rice Pilaf Marsala Braised Short Ribs * Whole Roast Chicken Dinner * Pork Tenderloin w/Rst. Vegetables* Chicken Enchiladas w/Mexican Rice Southern Chicken Tenders Farro Risotto w/Roasted Veggies **BBQ Pulled Pork*** Crabmeat Stuffed Sole w/Couscous Lemon Sole w/ Orzo Beef Bourguignon Chicken alla Roma (thighs)* Macaroni & Cheese Baked Rigatoni w/Sausage & Asiago Classic Mashed Potatoes Chix & Pasta w/Pesto Cream Sauce London Broil w/Mash Pot. +gravy Spaghetti Carbonara Stuffed Shells Pasta w/Meat Sauce Ziti Broccoli & Chicken **Classic Meatloaf Dinner** Stuffed Peppers* Grilled Shrimp linguine Linguine w/Fresh Vegetables Crab Cakes w/Remoulade Shrimp w/Vodka Sauce Penne w/Vodka Sauce Grilled Chix & Grilled Veg. Grilled Chicken Margherita* Chicken Italiano Chicken Alicia Chicken Cordon Bleu Chicken Parmesan Chicken Parmesan & Pasta Chicken Marsala Chicken Francaise Chicken Piccata Grilled Chicken Breast* **Chicken Cutlets** VEGGIES/SIDES/PASTA/SALAD **Roasted Vegetables*** Green Beans w/almonds* Italian Broccoli* **Roasted Brussels Sprouts***

SATURDAY – May 11

Baked Spiral Ham Dinner* Thai Shrimp Chicken Curry* Pasta w/Meatballs Marinara Stuffed Shells Shrimp Scampi Macaroni & Cheese Penne w/Vodka Sauce Baked Ziti Chicken & Pasta Alfredo **Chicken Parmesan** Chicken Marsala Chicken Piccata Chicken Francaise **Grilled Chicken Breast***

Friday Cont.:

Tuna Nicoise Salad* Tuna Pasta Salad Quinoa w/Spinach Art. & Feta Mexican Street Corn* Summer Pasta Verde Summer Chicken Salad* Curried Chicken Salad* Pasta Vita Chicken Salad* Soup: Chicken Noodle Soup: Clam Chowder

SAT.-VEGGIES/SIDES/PASTA/SALAD

Green Beans w/Almonds* Gruvere Scalloped Potatoes* Classic Scalloped Potatoes* Summer Pasta Verde Vegetarian Chickpea Salad* Tuna Pasta Salad

Chicken Salad* Tuna Salad & Egg Salad Apple Crisp Brownies