

Pasta Vita Winter/Fall Menu

Appetizers

(Available Frozen by the Dozen)

Raspberry, Brie, Bacon & Caramelized Onion Tartlets *Phyllo Cups Filled with Brie, Caramelized Onion, Bacon & Raspberry Jam*

Crab Cakes *w/Remoulade Sauce*

Stuffed Clams *Fresh Clams Chopped, Breadcrumbs, Chorizo, Red & Green Peppers*

Mini Chicken & Roasted Corn Quesadillas *Tortilla Filled with Chicken, Beans, Corn, Cheese and Seasonings*

Spinach & Feta Cheese Puffs

Wild Mushroom & Brie Puffs

Swedish Meatballs

Honey Soy Chicken Wings

Buffalo Style Chicken Wings

Classic Escargot

Mini Beef Wellingtons *Beef Tenderloin & Mushroom Duxelles in Puff Pastry*

Stuffed Mushrooms *(Artichokes & Parmesan Cheese, Italian Sausage or Crabmeat Stuffing)*

Asian Meatballs *Cocktail Meatballs Made with Ground Pork, Italian Sausage, Ginger, Shallots, Panko & Cilantro & Asian Sauce*

Classic Pigs-in-a-Blanket *All Beef Frankfurters w/Dijon Mustard wrapped in Puff pastry*

Clams Casino *Red and Green Peppers, Bacon and Bread Crumbs*

Scallops wrapped in Bacon*

Oysters Rockefeller *Oysters on the Half Shell, Spinach, Bacon, Shallots,*



Available by Special Order

(3 dozen Min Per Appetizer)

Endive Leaves filled w/Smoked Salmon bundles *Smoked Salmon, Herbed Cream Cheese, Fresh Chives*

Sliced Beef Tenderloin *Crostini with Fresh Horseradish and Arugula*

Teriyaki Beef Skewers *Thinly Sliced Grilled Beef with Sesame Soy Dip*

Deviled Eggs

Chicken Liver Pate *with Cornichon, Celery, Coarse Mustard*

Sesame Seared Tuna *with Teriyaki Dipping Sauce*

Shrimp Cocktail *Jumbo Shrimp with Pasta Vita's Cocktail Sauce*

Shrimp Satay wrapped w/Snow Peas *with Tomato Basil Vinaigrette*

Asian Duck Breast Rolls *Grilled Duck Breast Shredded & Tossed with Asian Vegetables in Rice Paper Wrapper with Ginger Soy Dipping Sauce*

Asparagus Wrapped w/Prosciutto *Grilled Asparagus Spears with Shaved Parmesan Cheese wrapped in Prosciutto*

Swordfish & Eggplant Kebobs *with Green Curry Sauce*

Pesto & Goat Cheese stuffed Cherry Tomatoes

Cherry Tomatoes w/fresh Lobster Salad

Cherry Tomatoes w/Boursin Cheese*



Tomato Basil Crostini *Grilled Garlic Toasts with Fresh Tomato Bruschetta*

Frenched Lamb Chops *w/Mint Pesto*

Grilled Shrimp & Basil w/Tomato Aioli *Jumbo Shrimp wrapped with Basil Skewered and Grilled. Fresh Tomato & Basil Dip*

Vegetable Spring Rolls *Asian Vegetables in Egg Roll Wrapper with Sesame Ginger Soy Sauce*

Mini Quiche (5 varieties): *Artichoke & Fontina, Broccoli & Cheddar, Lorraine, Spinach & Mushroom*

Baked Brie En Croute *3" or 5" Wheel of Brie wrapped in Puff Pastry*

Baked Brie En Croute with Raspberry, Onion & Bacon *3" or 5" Wheel of Brie wrapped in Puff Pastry with Raspberry Jam, Caramelized Red Onions & Crisp Bacon*

Pancetta wrapped Shrimp *Jumbo Shrimp Wrapped in Pancetta Skewered and Grilled w/Light Tomato Sauce*

Beef Tenderloin Rolls *Skewered and Rolled Beef Tenderloin Strips, Grilled Vegetables, Soy Sauce Dip*

Panko Scallops *w/Thai Green Curry Sauce*

Quesadillas *(Beef, Chicken, or Vegetable)*

Chicken Satay w/Snow Pea's *w/Peanut Sauce*

Risotto Balls w/Prosciutto & Fontina Cheese *w/Spicy Marinara Sauce*

Coconut Shrimp w/Mango Lime Chutney *Skewered Jumbo Coconut Shrimp, Mango Lime Chutney Sauce*

Shrimp Rolls *Shrimp and Asian Vegetables in Rice Paper Wrapper with Sesame Ginger Soy Dipping Sauce*

Pork Satay w/Peanut-Lime Dipping Sauce *Pork Tenderloin Marinated and Grilled with Peanut Lime Sauce*

Soup

Beef & Bean Chili*

Broccoli Bisque*

Italian Wedding

Butternut Bisque*

Lentil Barley*

Caldo Verde*

Lobster Bisque*

Chicken Chili*

Minestrone*

Chicken & Escarole

Pasta e Fagioli

Beef & Bean Chili*

Broccoli Bisque*

Chicken Noodle

Split Pea*

Chicken & Rice *

Tomato Bisque *

Clam Chowder*

Corn Chowder

Turkey & Wild Rice*

Asian Chicken & Ginger

Wild Mushroom & Rosemary*

Vegetable Beef & Barley*

Curried Lentil*

Vegetable Chili*

Escarole & White Bean



Green Salads

Arugula Salad* *Baby Arugula, Sliced Almonds & Crumbled Goat Cheese W/Lemon Vinaigrette*

Greek Salad* *Romaine Lettuce, Feta Cheese, Olives Pepperoncini Peppers, Cucumbers & Tomatoes, Italian Vinaigrette*

Asian Grilled Chicken Salad *Grilled Chicken W/Red Peppers, Almonds, Asian Sesame Vinaigrette*

Grilled Chicken Caesar *w/Homemade Croutons & Pasta Vita's Caesar Dressing*

Caesar Salad *w/Homemade Croutons & Pasta Vita's Caesar Dressing*

Gorgonzola w/Walnuts & Bacon* *Mesclun & Leaf Lettuces w/Red Onions, Tomatoes, Walnuts, Bacon & Imported Gorgonzola Cheese, Balsamic Vinaigrette*



Cobb Salad * *Chopped Romaine Lettuce w/Turkey, Avocado, Bacon, Celery, Blue Cheese, Scallions, Tomatoes, Cider Vinaigrette*

Italian Chef Salad* *Romaine Lettuce, Genoa Salami, Turkey, Sweet Capicola, Provolone Cheese, Onion, Olives, Pepperoncini, Olives, Hardboiled Egg, Italian Vinaigrette*

French Country Salad * *Field Greens w/Frisée, Lardoons, Crumbled Roquefort Cheese, Champagne Vinaigrette*

Italian Chopped Salad* *Romaine & Radicchio, Artichoke Hearts, Olives, Chickpeas, Banana Peppers, Onion, Tomato, Sopresata, Italian Vinaigrette*

Garden Salad* *Mesclun Greens, Red Cabbage, Carrots, Cucumbers, Tomatoes, Onions, Balsamic Vinaigrette*

Spinach Salad* *Baby Spinach, Dried Cranberries, Sliced Mushrooms & Toasted Pecans, Balsamic Vinaigrette*

Southwestern Chicken Salad *Romaine, Cajun Chicken, Black Beans, Red Onion, Red & Yellow Peppers, Grape Tomatoes, Cilantro, Scallions, Monterey Jack and Cheddar Cheese & Chipotle-Lime Ranch Dressing*

Salads & Pasta Salads

Summer Chicken Salad* *Chicken, Sliced Grapes, Walnuts, Celery, Red Onion, Fresh Tarragon, Champagne Vinegar & Mayonnaise*

Curried Chicken Salad* *Chicken Breast, Scallions, Dried Cranberries, Mango Chutney, Almonds, Mayonnaise, Curry Powder*

Pasta Vita Chicken Salad* *Chicken, Celery, Scallions, Lemon Juice & Mayonnaise*

Egg Salad*

Tuna Salad*

Tuna Nicoise* *Tuna with Sliced Potatoes, Black Olives, Green Beans, Diced Tomatoes, Hard Boiled Eggs & Extra Virgin Olive Oil.*

Vegetarian Chickpea Salad* *Garbanzo Beans, Roasted Red Peppers, Kalamata Olives and Red Onion in a Light Italian Vinaigrette.*

Vine Ripened Tomatoes & Mozzarella Salad*

Summer Pasta Verde (With or Without Grilled Chicken) *Pasta, Fresh Spinach, Basil, Plum Tomatoes & Pecorino Romano Cheese with Olive Oil, Garlic & Lemon*



Quinoa Salad w/Black Beans & Tomatoes* *Diced Tomatoes, Black Beans & Red Onion Marinated in Lime Juice, Garlic, Olive oil & Cilantro*

Quinoa Salad w/Artichokes Spinach & Feta* *w/Country Olives, Feta Cheese, Fresh Spinach, Roasted Red Peppers & Artichoke Hearts in Lemon Juice, Olive Oil & Herbs*

Mediterranean Quinoa Salad* *w/Black & Green Olives, Sundried Tomatoes & Fresh Spinach Tossed in a Lemon Champagne Vinaigrette*

Beef

Beef Bourguignonne *Braised beef, pearl onions, mushrooms, carrots, red wine sauce*

Tuscan Beef Stew *Braised Beef, Carrots, Onions, Potatoes, Peas, Celery and Red Wine Sauce.*

Ancho Chili Rubbed Flank Steak *Green Chili Sauce and Roasted Potatoes*

Chili Soy Flank Steak *Chili Soy Glaze w/Baby Bok Choy Over Jasmine Rice*

Balsamic Glazed Flank Steak *w/Garlic Mashed Potatoes*

Teriyaki Flank Steak *w/Scallion Fried Rice*

Grilled Flank Steak w/Wild Mushrooms *w/Mashed Potatoes*

Flank Steak Chimichurri *w/Roasted Potatoes*

Meatballs & Marinara Sauce

Meatloaf Dinner *w/Mashed Potatoes & Gravy*

London Broil *w/Mushroom Gravy and Mashed Potatoes*

Beef Tenderloin AuPoivre *Green Peppercorn Sauce, Mashed Potatoes over Fresh Spinach*

Beef Tenderloin Red Wine Demi Glaze *w/Caramelized Shallots, Mashed Potatoes Over Fresh Spinach*

Beef Tenderloin & Chive Bacon Butter *w/Red Wine Demi Glaze, Caramelized Shallots, Mashed Potatoes Over Fresh Spinach*

Beef Tenderloin Bearnaise *w/Mashed Potatoes Over Spinach*

Beef Wellington *Beef Tenderloin, Mushroom Duxelle Wrapped in Puff Pastry*

Classic Beef Stroganoff *Beef Tenderloin with mushrooms & onions in Dijon-Sour Cream Sauce over Pappardelle*

Beef Tenderloin Tips w/Red Wine Mushroom Gravy *w/Mashed Potatoes*

Teriyaki Beef Tenderloin Tips *w/Jasmine Rice*

Beef Tenderloin Tips Au Jus *w/Button mushrooms, Onions, Peppers Over Rice Pilaf*

Argentinian Beef Tenderloin Tips Roasted *Red Peppers, Tomatoes, Red Onion, New Mexico Chilis, Jalapeno Pepper Salsa Over Roasted Potatoes*

Yankee Pot Roast *Slowly braised beef, carrots, celery, potatoes, turnips, red wine & tomatoes*

Ropa Vieja (Skirt Steak) * *w/Cuban Black Beans, Saffron Rice, Fried Sweet Plantains & Pepper & Onion Relish*

Shepherd's Pie *Seasoned Ground Beef with Onions, Carrots, Peas, Corn and Gravy with Whipped Potatoes*

Korean Short Ribs *w/Korean BBQ Sauce & Bok Choy Over Basmati Rice*

Tuscan Short Ribs *Braised Short Ribs in a Milanese Sauce of Carrots, Tomatoes, Porcini Mushrooms, & Veal Demi Glaze with Orzo*

Cabernet Short Ribs *Braised in Cabernet & Plum Tomatoes, Cipollini Onions, Roasted Carrots & Potatoes*

Braised Short Ribs *w/Red wine & Veal Demi-glaze, Roasted Carrots & Bacon Lardons over Mashed Potatoes*

Beef & Broccoli Stir Fry w/Shanghai Noodles *Sliced Flank Steak w/Broccoli, Snow Peas, Onions, Ginger & Lo Mein Noodles*

Beef & Bean Burrito *Shredded Beef Brisket, Pinto Beans, Mexican Rice, Chili Sauce & Cheese in a Flour Tortilla Steak Fajitas*



Grilled Steak Fajitas *Red, yellow & Poblano Peppers, Radishes, Cilantro & Queso Fresco in a flour Tortilla w/Chipotle Sour Cream Sauce*

Steak Tacos *Grilled Hanger Steak w/Shredded Cabbage, Cilantro, Radishes, Red Fresno Peppers & Feta Cheese w/Cilantro Lime Sour Cream Sauce*

Stuffed Peppers *Green Peppers Stuffed w/Ground Beef, Sausage, Rice & Marinara Sauce w/Parmesan Cheese*

Chicken, Turkey & Duck

Chicken Stemperata* *Boneless Thighs, Sicilian Olives, Pepperoncini & Whole Roasted Garlic*

Chicken Cacciatore* *Boneless Thighs, Wild Mushrooms, Green Peppers, Onions, Tomatoes & Garlic Chicken Teriyaki Boneless Thighs, Soy Sauce, Vinegar, Sherry, Ginger, Garlic & Oil Over Rice*

Coq Au Vin* *Boneless Thighs Sautéed Boneless Thighs with Red Wine, Pearl Onions & Mushrooms*

Chicken & Gnocchi *Boneless Thighs, Braised W/Tomato Sauce, Spinach, Basil, Garlic & Wine W/Potato & Gnocchi**

French Chicken Ratatouille* *Boneless Thighs w/Eggplant, Zucchini, Peppers, Tomatoes, Onion, Garlic, Wine & Herbs De Provence*

Chicken w/Lemon & Olives* *Boneless Thighs Sicilian & Picoline Olives, Lemon & Capers*

Chicken Marengo* *Boneless Thighs W/Mushrooms, Pearl Onions, Tomatoes, White Wine & Herbs*

Chicken Milanese* *Braised Thighs Ossobuco Style w/tomatoes, Herbs, Onions, Garlic W/Polenta*

Spanish Chicken* *Boneless Thighs, Tomato, Onion, Cilantro, Spanish Spices & Black Beans*

Chicken w/Kale* *Boneless Thighs, Tomatoes, Pancetta Bacon, Roasted Red Peppers, Wine & Herbs*

Buffalo Chicken* *Boneless Chicken Thighs, with Our Buffalo Sauce & Blue Cheese Dressing*

Chicken Tikka Masala* *Boneless Chicken thighs, simmered in Traditional Indian Aromatic Spices in a Tomato Cream Sauce Over Basmati Rice*

Chicken Curry* *Boneless Chicken Thighs w/Coconut Milk & Yogurt in a Curry Sauce w/Mango Chutney over Basmati Rice*

Chicken Marbella* *Boneless Chicken Thighs w/Sicilian Olives, Kalamata Olives, Prunes & Capers*

Chicken alla Roma* *Braised Chicken Thighs w/Plum Tomatoes, Diced Pancetta, Sweet Bell Peppers, Onions & Garlic*

Chicken w/Rosemary & Prosciutto* *Braised Chicken Thighs Prosciutto, Rosemary & Tomatoes*

Chicken Arrabiatta* *Braised Chicken Thighs w/Sautéed Yellow & Poblano Chili Peppers*

Spanish Chicken* *Boneless Chicken thighs, Tomato, Onion, Cilantro, Spanish Spices & Black Beans*

Chicken Abruzzo* *Braised Chicken Thighs w/Fresh Tomatoes w/Escarole & White Beans*

Chicken w/Spicy Red Curry Sauce* *Boneless Thighs w/Spicy Red Curry Sauce, Green Beans, Carrots, Red Peppers & Cilantro Over Basmati Rice*

Chicken Enchiladas *Shredded Chicken Breast, Monterey Jack & Cheese, Chipotle pepper Sauce in a flour Tortilla Over Mexican Rice*

Chicken Burrito *Shredded Chicken Breast, Chipotle & Red Peppers, Chili Sauce, Pinto Beans, Mexican Rice, Monterey Jack & Cheddar Cheeses wrapped in a Flour Tortilla w/Burrito Sauce*

Chicken Tacos *Braised Chicken Thighs, Plantains, Shredded Cabbage, Cilantro, Radishes, Red Jalapeno Peppers in a Corn Tortilla w/Cilantro Lime Crema & Cotija Cheese*

Argentinian Garlic Whole Roasted Chicken* *Whole Chicken Roasted w/Argentinian Rub, Lemon Slices, Roasted Carrots & Potatoes*

Greek Lemon Whole Roasted Chicken* *Whole Roasted Chicken w/Greek Lemon Herbs, Carrots & Potatoes*

New Orleans BBQ Whole Roasted Chicken* *Whole Roasted Chicken w/Creole BBQ Seasoning, Roasted Carrots & Potatoes*

Chicken Balsamico* *w/Balsamic Vinegar, Garlic, Onion, Herbs & Pancetta W/Potatoes & Tomatoes**

Herb Roasted Chicken w/Mashed Potatoes and Pan Gravy

Chicken Limone Boneless Chicken Breast Cutlet Over Pasta w/Light Lemon Butter Sauce

Chicken Alicia Boneless Chicken Breast Stuffed w/Spinach, Artichoke Hearts & Pine Nuts w/Light white Wine & Lemon Butter Sauce

Chicken Marsala Boneless Chicken Breast Cutlets Sauteed w/Fresh Mushrooms & a Marsala Wine sauce

Chicken Cordon Bleu Boneless Chicken Breast w/Swiss Cheese & Black Forest Ham w/White Wine, Lemon Butter Sauce

Chicken Picatta Boneless Chicken Breast, Picatta Sauce & Capers

Chicken Francaise Boneless Chicken Breast w/Lemon white Wine Butter Sauce

Chicken Palermo Boneless Chicken Breast Layered w/Sliced Eggplant, Tomatoes, Mozzarella & Sicilian Olives

Chicken Alberto Sauteed Chicken Breast w/Sundried Tomatoes, Caramelized Shallots & Mushrooms w/Marsala Wine Sauce

Chicken Parmesan Breaded Chicken Cutlet, Marinara Sauce w/Parmesan & Mozzarella Cheese

Chicken Saltimbocca Sauteed Chicken Cutlet w/Sage & Prosciutto & Spinach w/Marsala Wine Sauce

Chicken Scaloppine alla Parma Boneless Chicken Cutlet w/Tomato Marsala Wine Sauce, Prosciutto, Fresh SAGE & Parmesan Cheese

Southern Chicken Tenders Southern Style Boneless Chicken Tenders w/Buttermilk Crumb Crust & Honey Mustard Sauce

Coconut Chicken w/Mango Salsa Coconut Crusted Chicken w/Mango, Red Onion, Tomato & Chili Salsa Over Spinach

Raspberry Glazed Duck Breast w/Wild Rice

Stuffed Cabbage w/Turkey & Brown Rice* w/Marinara Sauce

Roast Turkey Dinner Roasted Breast w/Mashed Potatoes, Sausage Stuffing & Gravy

Turkey Tetrazzini w/Spaghetti, Mushrooms, Celery & Parmesan Cheese Sauce



Lamb

African Lamb Stew Tender Lamb Shoulder braised with African spices and tomatoes, chickpeas, cilantro

Irish Lamb Stew w/Barley, Guinness Stout & Root Vegetables

Moroccan Spiced Lamb Kebobs Spices, Couscous w/Apricots, & Lemon-Mint Butter

Rack Of Lamb w/Garlic, Herb & Dijon Mustard Crust

Leg Of Lamb Seasoned W/Garlic & Rosemary W/Roasted New Potatoes*

Grilled Tandoori Lamb Leg of Lamb w/Vegetables, Indian Spices & Raita Sauce

Pork

Cider Cured Pork Chops Pan Fried Cider-Cured Pork Chops w/Red Cabbage & Apples

Sicilian Pork Chops Pan Fried w/Peppercorn Crust, Sicilian Olives, Tomatoes & Garlic Over Orzo

Pork Chops alla Parma Parmesan Crusted Pork Chops w/Garlic, Tomatoes, Pancetta & Parmesan Cheese Over Datali Pasta

Pork Chops w/Peppers & Olives Grilled Pork Chops w/Bell Peppers, Banana Peppers, Mediterranean Olives, Grape Tomatoes & Capers Over Roasted Potatoes

Pork Chops Scarpariello Parmesan Crusted Pork Chops w/Cherry Peppers, Bell Peppers, White Wine, Herbs & Roasted Potatoes or Orzo Patsa

Pork Chops w/Garlic Lime Sauce (Grilled) w/Roasted Potatoes or Quinoa w/Black Beans & Tomatoes

Pork Chops Milanese Parmesan Crusted Pork Chops w/Pomodoro Sauce Over Pasta

Pork Chops w/Wild Mushrooms *Grilled Pork Chops w/Wild Mushroom Cream Sauce Over Roasted Potatoes*

Pork Chops Pizzaiola *w/Red & Green Peppers, Fresh Tomatoes, Garlic & Olive Oil Over Orzo*

Herbed Pork Loin *Tender Herb Roasted Pork Loin w/Pan Gravy & Mashed Potatoes*

Stuffed Pork Loin *w/Pesto & Roasted Red Peppers & Parmesan Cheese*

Pork Rib Roast *w/Rosemary & Fennel Over Roasted Potatoes*

Apricot Glazed Pork Rib Roast *w/Apricot-Honey-Mustard Glaze W/Potatoes**

Roasted Stuffed Pork Loin *w/Swiss Chard, Roasted Peppers, Garlic, Parmesan Stuffing W/Yukon Golds*

Stuffed Pork Loin-Apricot *w/Shallot, Herb Stuffing W/Pan Gravy Over Mashed Potatoes*

Pork Tenderloin with Cranberry Port Glaze & Mashed Potatoes

Pork Tenderloin with Dijon Mustard Sauce *w/Braised Cabbage with Bacon*

Pork Tenderloin w/Tarragon Mustard *Sliced Pork Tenderloin w/Dijon Tarragon Cream Sauce Over Israeli Couscous*

Pork Tenderloin w/Tomatoes & Capers *Sliced Pork Tenderloin, Capers, Shallots, Diced Tomatoes & Cream Sauce Over Israeli Couscous*

Pork Tenderloin Satay *Sliced Pork Tenderloin w/Stir-Fried Vegetables & Peanut Sauce*

Cuban Pork Tenderloin *Marinated in Mojo Sauce Served Over Rice & Black Beans*

Pork Tenderloin Pizzaiola *Grilled Pork Tenderloin w/Red & Green Bell Peppers, Onions, Tomatoes Over Orzo*

Pork Tenderloin Chimichurri *Sliced Grilled Pork Tenderloin w/Chimichurri Sauce Over Roasted Potatoes*

Pork Tenderloin w/Maple Balsamic Glaze *w/Roasted Potatoes*

Pork Tenderloin w/Apricot Glaze *Grilled Pork Tenderloin w/Apricot Honey Mustard Glaze Over Mashed Potatoes*

Pork Tenderloin w/Roasted Vegetables *Grilled Pork Tenderloin w/Roasted Vegetables & a Light Pesto Lemon Vinaigrette*

BBQ Pulled Pork* *Shredded Tender Pork w/Spicy Barbecue Sauce*

Hoisin Pork Tenderloin *Roasted Pork tenderloin Glazed w/Hoisin Sauce Over Stir-Fried Vegetables & Soba Noodles*

Latin Pork Tenderloin *Grilled Pork Tenderloin Marinated in Chipotle Peppers w/Garlic & Tomatoes Over Braised Pinto Beans Topped w/Salsa Fresca*

Pulled Pork Tacos *Tender Braised Pork w/Chilies, Shredded Cabbage, Cilantro, Radishes & Cilantro Lime Crema w/Feta Cheese in a Corn Tortilla*

Pork & Black Bean Burrito *Pulled Pork, Braised Black Beans, Red & Poblano Peppers, Cheddar & Monterey JACK Cheese, Scallions, Cilantro w/Mexican Rice in a Flour Tortilla*

Veal

Veal Milano *Cutlets Stuffed W/Prosciutto and Fontina Cheese*

Veal & Peppers *Tender Braised Veal Pieces with Peppers*

Veal Cannelloni *Shredded Veal, Peppers, Onion, Ricotta, Parmesan, Mozzarella Rolled in Pasta*

Veal Toscana *Porcini and Cremini Mushrooms & Leeks Over Wide Ribbon Pasta*

Veal Picatta *Cutlets with Capers, Shallots and Our Pink Sauce*

Veal Artichokes, Lemon & Capers *Sautéed Cutlets, W/Artichoke Hearts, Capers & Fresh Lemon*

Veal Saltimbocca *Cutlets W/Sage, Prosciutto, Bell Peppers & Spinach in Marsala Wine Sauce*

Veal Francaise *Cutlets w/White Wine Lemon Butter Sauce Topped W/Fresh Lemon Slices*

Veal Scaloppine alla Parma *w/Artichokes, Roasted Red Peppers & Olives W/Pomodoro Tomato Sauce*

Veal Luigi *Cutlets w/Tarragon, Plum Tomatoes & Reggiano Parmesan Cheese*

Veal Sorrento *w/Pasta, Fresh Mozzarella, Prosciutto, Eggplant, Plum Tomatoes & Wine Infused Marinara*

Veal Marsala *Sauteed Veal Cutlets w/Fresh Mushrooms & Marsala Wine Sauce*

Veal Parmesan *Lightly Breaded Veal Cutlets w/Marinara Sauce, Mozzarella & Parmesan Cheese*

Veal Italiano *Sauteed Veal Cutlets w/Diced Tomatoes, Basil & Parmesan Cheese*

Seafood

Lemon Sole *Sauteed Fresh Lemon Sole Fillets w/Lemon Butter & Parsley Sauce Over Orzo*

Vegetable Stuffed Sole *Fresh Sole Filets Stuffed w/Spinach, Artichoke Hearts, Roasted Red Peppers, Pine Nuts & Parmesan Cheese w/Sundried Tomato Aioli Over Israeli Couscous*

Crabmeat Stuffed Sole *Fresh Sole Filets Stuffed w/Crabmeat Stuffing Over Israeli Couscous*

Baked Boston Cod *Fresh Baked Cod Filets, Crumb Topping w/Lemon Beurre Blanc Sauce Over Rice Pilaf*

Roasted Salmon *w/Mascarpone Cheese, Spinach, Sundried Tomatoes & Bread Crumbs*

Thai Salmon with Black Rice and Mango Salad* *w/slivered almonds and red peppers*

Salmon w/Braised White Beans & Pancetta* *Salmon Fillets Over Braised White Beans, Pancetta, Tomatoes & Spinach*

Salmon w/Bearnaise Sauce* *White Wine, Tarragon, Shallots, Eggs & Butter W/Spinach & Asparagus*

Salmon w/Soba Noodles *Soba Noodles Grilled w/Ginger-Soy Glaze & Chinese Vegetables*

Blackened Salmon* *Pan Seared Salmon w/Chipotle Sour Cream Sauce Over Cajun Rice & Pinto Beans*

Salmon w/Tomatoes Olives & Basil* *w/Roasted Grape Tomatoes, Basil, Kalamata Olives, Onions, Lemon Juice & White Wine Over Spinach*

Salmon w/Sweet Chili Glaze *Grilled Salmon w/Bok Choy & Basmati Rice*

Salmon Capellini *Grilled Salmon Over Capellini Pasta, Leeks & Tomatoes in a Parmesan Cream Sauce*

Salmon w/ Sundried Tomatoes* *Grilled Salmon w/Pesto Sauce & Sautéed Sundried Tomatoes Over Fresh Spinach*



Thai Salmon* *Grilled Salmon/Green Curry Sauce, Green Beans, Broccoli, Carrots, Red Peppers, Eggplant & Onion*

Tuscan Salmon* *Grilled Salmon w/Grape Tomatoes, Artichoke Hearts, Sundried Tomatoes & Cream Sauce Over Fresh Spinach*

Salmon w/Feta Herb Crust *Oven Roasted Salmon w/Feta Herb Crust, Lemon Butter Over Fresh Spinach*

Salmon w/Wild Mushrooms Sauce* *Seared Salmon w/Cremini, Porcini & Wild Mushrooms, Chives, Cream Sauce Over Fresh Spinach*

Teriyaki Salmon *Grilled Salmon Teriyaki Glaze & Steamed Broccoli*

Salmon w/Tomatoes Eggplant & Capers* *Grilled Salmon w/Roasted Tomatoes, Eggplant, Capers & Fresh Herbs Over Spinach*

Ginger Seared Sea Scallops *w/Red Peppers & Spinach Over Basmati Rice*

Grilled Scallops with Prosciutto & Brown Butter *w/ Roasted Asparagus & Israeli Couscous*

Shrimp Scampi *Thin Spaghetti w/Grilled Shrimp Sautéed w/Garlic & Olive Oil Tossed w/Chopped Tomatoes*

Coconut Shrimp *w/Mango Lime Chutney*

Fish Tacos *Pan Fried Cod Wrapped in a Corn Tortilla w/Mexican Rice, Cabbage Slaw & Chipotle Sour Cream*



Fried Shrimp *w/Remoulade Sauce*

Shrimp & Scallop Fra Diavolo *Plum Tomato Sauce, Onions & Fennel with Pasta*

Seafood Fettucine *Seared Shrimp & Scallops w/Parmesan Cream Sauce Over Fettuccine Pasta*

Shrimp w/Red Curry *Onion, Garlic, Cilantro, Red Curry Paste, Coconut Milk & Rice*

Shrimp w/Vodka Sauce *Penne Pasta w/Grilled Shrimp & Vodka Sauce*

Grilled Shrimp w/Linguine *Tossed w/Fresh Asparagus,
Cherry Tomatoes, Peas & Lemon Garlic Sauce Topped w/Grilled Shrimp*

Shrimp alla Vita *Linguine Pasta, Snow Peas, Sundried Tomatoes,
Button Mushrooms, Pine Nuts, Olive Oil & Parmesan Cheese*

Grilled Shrimp w/Lemon & Garlic *Linguine Sautéed w/Lemon,
Garlic, Olive Oil, Fresh Spinach & Parmesan Cheese*

Shrimp Puttanesca *Sauteed Shrimp in Tomato Sauce, Red Onions, Olives,
Anchovies, Capers & Garlic Over Pasta*

Shrimp Calabria *Pasta w/Sautéed Shrimp, Pancetta, Spinach, Roasted Red Peppers, Mushrooms & Parmesan
Cheese*

Shrimp Lo Mein *Pan Seared Shrimp w/red Curry Sauce, Chinese Vegetables & Lo Mein Noodles*

Shrimp alla Norma *Sauteed Shrimp w/Roasted Eggplant, Fresh Basil, Ricotta Cheese & Pomodoro Sauce Over
Spaghetti Pasta*

Jambalaya* - *Shrimp, Chicken & Andouille Sausage w/Vegetables, Rice & Creole Seasoning*

Shrimp, Chicken & Sausage Gumbo* *Classic Cajun Shrimp, Boneless Chicken thighs & Andouille Sausage Over
Rice Pilaf*

Thai Shrimp & Chicken Curry* *Grilled Shrimp & Chicken w/Spicy Green Curry Sauce, Tomatoes, Scallions Over
Basmati Rice*

Cuban Chicken Shrimp & Chorizo* *Boneless Chicken thighs, Grilled Shrimp & Chorizo Over Seasoned Rice
w/Cajun Seasonings*

Portuguese Chicken Shrimp & Rice* *Boneless Chicken Thighs, Grilled Shrimp, Chorizo, Tomatoes, Peas, Cilantro
& Rice w/Portuguese Seasoning*



Pasta

Baked Rigatoni & Sausage, *Marinara Sauce & Parmesan Cheese*

Pasta Bolognese *Plum Tomatoes, Pancetta, Pork, Veal, Beef, Onions & Wine*

Baked Rigatoni, Sausage & Smoked Mozzarella

Pasta Napolitano *Pasta, Shredded Pork & Plum Tomatoes*

Pasta w/Meat Sauce *Pasta w/Ground Beef, Plum Tomatoes, Onions, Garlic & Parmesan Cheese*

Pasta w/Broccoli Rabe & Sausage *Pasta w/Broccoli Rabe, Italian Sausage & Parmesan Cheese*

Baked Rigatoni w/Sausage & Asiago *Rigatoni w/Sausage, Sweet Red Peppers, Vodka Sauce, Asiago &
Parmesan Cheese*

Pasta & Sausage w/Diced Mozzarella & Marinara Sauce

Pasta & Sausage Arrabbiata *w/Cherry Peppers, Garlic, Tomatoes, Olive Oil & Arrabbiata Cream Sauce*

Baked Rigatoni Sorrentino *w/Mushrooms, Spinach Garlic, Sausage, Tomato & Cheese*

Pasta w/Sausage & Ricotta Salata *Pasta w/Marinara Sauce, Sweet Italian Sausage, Diced Plum Tomatoes,
Ricotta Salata Cheese & Parmesan Cheese*

Meat Tortellini *w/Peas, Prosciutto & Parmesan Cream Sauce*

Baked Sausage & Mozzarella Ravioli *Pasta Vita's Own Hand Made Sausage Ravioli w/Vodka Sauce, Parmesan
& Mozzarella Cheese*

Baked Rigatoni w/Mushrooms & Pea's *w/Vodka Sauce, Fresh Basil, Mushrooms & Mozzarella Cheese*

Short Rib Ragu w/Pasta *Tender Braised w/Tomatoes, Herbs, Ricotta & Fresh Basil Over Pasta*

Chicken Sorrento *w/Pasta, Garlic, Sun-Dried & Grape Tomatoes, Olives, Mozzarella & Basil*

Grilled Chicken deMedici w/Mushrooms, Sun-Dried Tomatoes, Wine, Cream & Pasta

Chicken & Pasta Siena Pasta w/Grilled Chicken Breast, Sundried Tomatoes, Spinach, Smoked Mozzarella & Parmesan Cheese

Sicilian Chicken Pasta w/Grilled Chicken Breast, Artichoke Hearts, Tomatoes, Roasted Red Peppers, Spinach & Parmesan Cheese

Chicken & Pasta Caprese Pasta w/Grilled Chicken, Fresh Mozzarella, Tomatoes, Garlic & Fresh Basil

Chicken & Pasta Calabria Pasta w/Chicken, Pancetta, Spinach, Roasted Red Peppers, Mushrooms & Parmesan Cheese

Pasta w/Chicken & Pesto Cream Sauce Pasta w/Grilled Chicken Breast Tossed in a Pesto Cream Sauce w/Sundried Tomatoes & Parmesan Cheese

Cajun Pasta w/Chicken & Chipotle Tomatoes Pasta w/Blackened Cajun Chicken, Fire Roasted Chipotle Tomatoes in Spicy Cream Sauce

Buffalo Chicken Mac & Cheese Buffalo Chicken Breast in Our signature Macaroni & Cheese Topped w/Panko Bread Crumbs

Pasta w/Grilled Chicken & Gorgonzola Pasta w/Grilled Chicken Breast, Broccoli, Peppers, Parmesan & Gorgonzola Cheese

Pasta Provencal w/Grilled Chicken Pasta w/Grilled Chicken Breast, Fresh Chopped Tomatoes, Capers, Artichoke Hearts w/Parmesan & Asiago Cheese

Grilled Chicken w/Pasta & Goat Cheese w/Plum Tomatoes, Fresh Basil Leaves, Kalamata Olives & Parmesan & Goat Cheese

Mushroom Truffle Mac & Cheese Pasta w/Cremeni Mushrooms, Truffle Oil, White Cheddar, Gruyere & Parmesan Cheese

Grilled Chicken & Pasta w/Wild Mushrooms Grilled Chicken w/Wild Mushrooms, Fresh Tomatoes, Spinach, Parmesan & Ricotta Cheese in a Cream Sauce

Pasta Genovese w/Chicken w/Pesto Sauce & Plum Tomatoes

Pasta w/Grilled Chicken, Tomatoes & Bacon w/Tomatoes, Sweet Onion, Olive Oil, Garlic & Asiago Cheese

Pasta w/Chicken, Eggplant & Smoked Mozzarella w/Pan Fried Eggplant, Plum tomatoes, Garlic, Fresh Basil & Parmesan Cheese

Ziti Broccoli & Chicken Ziti Pasta w/Boneless Chicken Breast, Broccoli, Red Peppers Prosciutto & Dijon Cream Sauce

Grilled Chicken w/Penne & Brie Penne Pasta w/Grilled Chicken Breast, Brie Cheese, Artichokes, Diced Tomatoes & Parmesan Cheese

Grilled Chicken w/Penne & Feta w/Sundried Tomatoes, Asparagus & Parmesan Cheese

Venetian Cavatappi Pasta w/Grilled Vegetables, Fresh Spinach, Parmesan & Fontina Cheese

Pasta w/Artichokes & Asparagus Penne Pasta w/Artichokes Spears, Garlic Olive Oil & Parmesan Cheese

Penne w/Marinara Sauce & Parmesan Cheese

Buttered Noodles

Penne alla Vita Penne Pasta w/Fresh Asparagus, Sundried Tomatoes, Artichoke Hearts, Vodka Sauce & Parmesan Cheese

Baked Rigatoni Sorrentino w/Mushrooms, Spinach Garlic, Sausage, Tomato & Cheese

Bucatini Amatriciana w/Pancetta, Onions, Plum Tomatoes

Penne W/Broccoli Aglio Olio w/Sautéed Broccoli, Garlic & Olive Oil

Lake Como Rigatoni Pasta w/Mushrooms, Prosciutto, Peas, Arugula, Fontina, Garlic & Cream

Woodsmen's Style Pasta w/Mushrooms, Red Onion & Pancetta, Plum Tomatoes, Wine & Cream Penne w/Vodka Sauce



Sides

Classic Mashed Potatoes*
Roasted New Potatoes*
Roasted Sweet Potatoes*
Classic Scalloped Potatoes*
Gruyere Scalloped Potatoes*
Twice Baked Potatoes
Broccoli Rabe*
Green Beans w/Almonds*
Roasted Cauliflower*
Cauliflower au Gratin*
Broccoli au Gratin*
Roasted Carrots*
Roasted Brussel Sprouts*
Roasted Vegetables*
Roasted Asparagus*
Rice Pilaf*
Basmati Rice*
Jasmine Rice*
Mexican Rice*



Vegetarian Entrees

White Bean & Portobello Stew* *Braised Cannellini Beans, Sauteed Zucchini, Leeks & Portobello Mushrooms with Plum Tomatoes*

Farro Risotto w/Roasted Vegetables & Cannellini Beans *Farro and Cannellini Beans Topped with Roasted Vegetables*

Black Beans & Brown Rice* *w/ Diced Tomatoes*

Vegetarian Chickpea Curry* *w/Green Beans, Carrots & Cauliflower* Roasted cauliflower, carrots, green beans & onions with fresh spinach and chickpeas in yellow curry sauce*

Vegetarian Red Beans & Rice

Vegetarian Stuffed Peppers* *Yellow and Red Peppers Stuffed with Brown Rice, Feta Cheese, Fresh Spinach, Plum Tomatoes & Pinto Beans*

Quinoa w/Black Beans & Tomatoes* *Quinoa, Black Beans, Diced Tomatoes, citrus vinaigrette*

Quinoa w/Artichoke Hearts, Spinach & Feta* *Quinoa, Country Olives, Feta Cheese, Fresh Spinach, Roasted Red Peppers, Artichoke Hearts, Lemon Vinaigrette*

Mediterranean Quinoa* *w/ Black and Green Olives, Sun-dried Tomatoes, Fresh Spinach, and Lemon Champagne Vinaigrette*

Quinoa w/Butternut Squash, Beets & Kale*

Escarole & White Beans* *Braised Escarole & White Beans, Plum Tomatoes, Garlic,*

Fresh Herbs, Chicken Stock & Parmesan Cheese

Vegetable Pad Thai *Pad Thai Noodles, Bok Choy, Snow Peas, Scallions, Shiitake Mushrooms w/Chili-Garlic & Soy Sauce Topped w/Chopped Peanuts*

Lasagna

(Serves 9-12)

Chicken & Artichoke Lasagna *Fresh Pasta Layered with Ricotta, Mozzarella, and Parmesan Cheeses, Chicken Breast, Artichoke Hearts, Capers and Pasta Vita's Vodka Sauce*

Cheese Lasagna *Fresh Pasta Layered with Ricotta, Mozzarella & Parmesan Cheeses, Pasta Vita Marinara Sauce*

Eggplant Lasagna *Fresh Pasta Sheets Layered with Eggplant, Mozzarella, Ricotta & Parmesan Cheeses with Pasta Vita's Marinara Sauce*

Meatball & Sausage Lasagna *Pasta sheets layered with Ground Beef, Italian Sausage, Mozzarella, Ricotta & Parmesan Cheeses and Pasta Vita Marinara Sauce*

Vegetable Lasagna *Fresh Pasta Sheets Layered with Zucchini, Yellow Squash, Spinach, Mushrooms Red and Green Bell Peppers, Ricotta, Mozzarella and Parmesan Cheeses with Pasta Vita's Marinara Sauce*

Seafood Lasagna *Fresh Pasta Sheets Layered with Shrimp, Scallops, Crabmeat, Spinach, Ricotta, Mozzarella and Parmesan Cheeses in Pasta Vita's Roasted Garlic Cream Sauce*

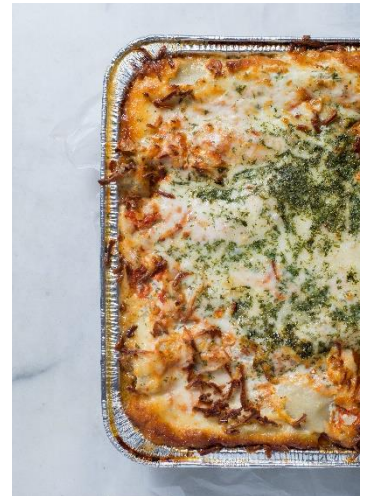
Wild Mushroom & Spinach Lasagna *Fresh Pasta Layered with Wild Mushrooms, Spinach, Ricotta, Mozzarella & Parmesan Cheeses and our Roasted Garlic Cream Sauce*

Also Available

*Wheat Free Cheese Lasagna **

*Wheat Free Meatball & Sausage Lasagna **

*Wheat Free Vegetable Lasagna**



Platters

Antipasto *Prosciutto Di Parma, Sweet Sopresata, Sweet Capicola, Marinated Artichoke Hearts, Roasted Red Peppers, Stuffed Cherry Peppers, Pepperoncini, Reggiano Parmesan Cheese, Green Sicilian Olives, Black Oil Cured Olives*

Baked Ham *Sliced Spiral Ham with Grained Mustard & Mayonnaise*

Roast Turkey Breast *w/ Mayonnaise*

Cold Cut *Boar's Head Sliced Ham, Turkey, Genoa, Swiss & Provolone*

Sliced Whole Beef Tenderloin *w/Horseradish-Mayonnaise, Grain Mustard & Mayonnaise*

Poached Salmon *Served Cold w/Cucumber-Dill Sauce*

Cheese & Crackers *Asiago, Fontina, Cheddar, Chevre & Crackers*

Smoked Salmon *w/Chopped Egg Yolks, Egg Whites, Red Onion, Capers & Herbed Cream Cheese*

Vegetable Crudit  *Carrots, Celery, Red Bell Pepper, Broccoli, Cucumber, Radishes, Sugar Snap Peas, Cherry Tomatoes, Sun-Dried Tomato Aioli*

Fresh Fruit *Strawberries, Pineapple, Honeydew, Cantaloupe, Grapes, Kiwi, Watermelon*

Fruit & Cheese *Above with Brie, Fontina & Asiago Cheeses*



Sandwiches & Wraps

Chicken Salad *Choice of Pasta Vita Chicken Salad, Summer Chicken Salad, Curried Chicken Salad) w/ Lettuce, Tomato*

Italian Combo *Genoa Salami, Provolone Cheese, Prosciutto, Lettuce, Olive Oil*

Turkey *Lettuce, Tomato w/Sundried Tomato Aioli*

Egg Salad *Lettuce, Tomato*

Ham & Cheese *Provolone or Swiss, Lettuce, Tomato*

Eggplant *Roasted Red Pepper, Arugula*

Grilled Vegetables *Shaved Reggiano Parmesan Cheese, Arugula, Balsamic Vinaigrette*

Grilled Chicken Breast *Lettuce, Tomato, Red Onion, Mayonnaise*

Tuna Salad *Lettuce, Tomato*

Cajun Chicken *Lettuce, Tomato, Red Onion, Mayonnaise*

Buffalo Chicken *Lettuce, Tomato*

Chipotle Chicken *Lettuce, Tomato, Provolone, Mayonnaise*

Chicken Cutlet *Lettuce, Tomato, Mayonnaise*

Fresh Tomato Mozzarella w/Pesto Sauce

Focaccia Bread

Onion, Rosemary & Parmesan

Pepperoni, Mozzarella & Sauce

Roasted Garlic & Gorgonzola

Three Cheese & Tomato

Tomato, Basil & Fresh Mozzarella

Sausage, Spinach & Potato

Clam & Pancetta

Spinach, Tomato & Parmesan

Roasted Hot Cherry Pepper & Anchovy

Eggplant Mozzarella & Ricotta

Stromboli Bread

Broccoli Rabe, Sausage & Mozzarella

Eggplant Parmesan

Chicken, Spinach & Mozzarella

Chicken Parmesan

Meatball, Peppers, Onions & Mozzarella

Meatball, Marinara Sauce & Mozzarella

Broccoli & Mozzarella

Pepperoni & Mozzarella

Italian Combo

Vegetable & Mozzarella

Spinach & Mozzarella

Antipasto

Sausage, Spinach, Potato, Mozzarella

Sausage, Peppers, Onions & Mozzarella

Buffalo Chicken & Mozzarella

Classic Reuben

Turkey Club

Spinach Tomato & Cheese



Desserts

Apple Pie
Blueberry Pie
Mixed Fruit Pie
Pumpkin
Pecan Pie
Ricotta Pies
Oatmeal Raisin Cookies
Chocolate Chip Cookies
Cookie Trays (2 lbs. & up)
Tiramisu
Toasted Almond Tiramisu
Traditional Bread Pudding
Pumpkin Bread Pudding
Chocolate Bread Pudding
Rice Pudding*
Vanilla Bean Pudding *
Belgian Chocolate Pudding
Cakes & Specialty Cakes
Cupcakes

Specialty Desserts Available *(Call to Order)*

