

225 Elm Street

PASTA VITA - COMPLETE MENU

Pastavita.com

Old Saybrook, CT 06475

860-395-1452

We offer selection of complete gourmet meals, from appetizers through desserts everyday in our store.
Order from our published weekly menu for 12 People or more with 2 days notice.

APPETIZERS

Asian Duck Breast Rolls
Asian Meatballs
Asparagus Wrapped w/Prosciutto
Asparagus Straws
Baked Brie En Croute 3" & 5"
Beef Tenderloin Rolls
Buffalo Style Chicken Wings
Cherry Tomatoes w/fresh Lobster Salad
Cherry Tomatoes w/Boursin cheese*
Chicken Liver Pate
Chicken Satay w/Snow Peas
Clams Casino
Classic Escargot
Classic Pigs-in-a-Blanket
Coconut Shrimp w/Mango Lime Chutney
Crab Salad on Endive Leaves
Crab Cakes w/Remoulade Sauce
Deviled Eggs
Endive Leaves filled w/Smoked Salmon bundles
Frenched Lamb Chops w/Mint Pesto
Grilled Shrimp & Basil w/Tomato Aioli
Honey Soy Chicken Wings
Mini Beef Wellingtons
Mini Chicken & Roasted Corn w/Beans Quesedillas
Mini Quiches: 5 Choices

Mushrooms stuffed w/Artichokes & Parmesan
Mushrooms stuffed w/Maine Crabmeat
Mushrooms stuffed w/Italian Sausage
Oysters Rockefeller
Pancetta wrapped Shrimp
Panko Scallops w/Thai Curry Sauce
Pesto & Goat Cheese stuffed Cherry Tomatoes
Pork Sate w/Peanut-Lime Dipping Sauce
Raspberry, Brie, Bacon & Caramelized Onion Tartlets
Quesadillas-Beef, Chicken, or Vegetable
Risotto Balls w/Prosciutto & Fontina Cheese
Scallops wrapped in Bacon
Sesame Seared Tuna w/Wasabi Caviar
Shrimp Cocktail
Shrimp Rolls
Shrimp Satay wrapped w/Snow Peas
Sliced Beef Tenderloin Crostini
Stuffed Clams
Spinach & Feta Cheese Puffs
Swedish Meatballs
Swordfish & Eggplant Kebobs
Teriyaki Beef Skewers
Tomato Basil Crostini
Vegetable Spring Rolls
Wild Mushroom & Brie Puffs

ANTIPASTO

Caponata
Crab & Artichoke Dip
Fresh Mozzarella Salad
Giardinera
Guacamole
Hummus
Sicilian Olives
Oil Cured Olives
Mixed Olive Salad
Mango Salsa

Marinated Artichoke Hearts
Marinated Mushrooms
Marinated Roasted Red Peppers
Roasted Red Pepper Hummus
Spicy Stuffed Banana Peppers
Spicy Tomato Salsa
Sun-dried Tomato Aioli
Stuffed Cherry Peppers
Tortilla Chips
Assorted Crackers

SOUP

Beef & Bean Chili
Broccoli Bisque
Butternut Bisque
Caldo Verde
Chicken Chili
Chicken & Escarole
Chicken & Noodle

Gazpacho
Garden Vegetable w/Farro
Italian Wedding
Lentil Barley
Lobster Bisque
Minestrone
Pasta e Fagioli

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Chicken & Rice

Clam Chowder

Corn Chowder

Cream of Broccoli

Cuban Black Bean

Curried Lentil

Escarole & White Bean

GREEN SALADS

Arugula & Field Greens Salad

w/baby arugula, baby mizuna, mesclun greens, slivered almonds & lettuce, Feta cheese, olives Pepperoncini peppers, cucumbers & tomatoes) crumbled goat cheese w/lemon vinaigrette

Asian Grilled Chicken Salad

w/an Asian Sesame Vinaigrette (grilled chicken w/red peppers & sliced w/homemade croutons with Pasta Vita Caesar Dressing almonds)

Caesar Salad

w/homemade croutons & Pasta Vita's Caesar Dressing

Cobb Salad

lettuce w/turkey, avocado, bacon, celery, blue cheese, (romaine, Genoa salami, turkey, sweet Capicola, Provolone cheese, onion, olives, scallions & tomatoes pepperoncini, olives, hardboiled egg, olives, Italian vinaigrette)

French Country Salad

(field greens w/Frisee, lardoons & crumbled Roquefort Cheese) tomato, Sopresatta, Italian vinaigrette)

Garden Salad

(Mesclun greens, red cabbage, carrots, cucumbers, tomatoes & onions)

OTHER SALADS

Asian Cole Slaw w/Toasted Sesame Seeds

Classic or Tuscan Potato Salad

Fresh Cole Slaw

Curried Chicken Salad

Egg Salad

Pasta Vita Chicken

Organic Quinoa Primavera Salad

Organic Quinoa Salad w/Edamame & Walnuts

Quinoa w/Black Beans & Tomatoes

Roasted Corn & Bean Salad

PASTA SALADS

Asian Beef & Noodle Salad

Asian Chicken Salad

Antipasto Pasta Salad

Cajun Chicken Pasta Salad

Chicken W/Grilled Vidalia Onion & Pasta

Fresh Mozzarella & Tomato Pasta Salad

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Split Pea

Tomato Bisque

Tortilla Soup

Turkey & Wild Rice

Wild Mushroom & Rosemary

Vegetable Beef Barley

Vegetarian Chili

Greek Salad

(Romaine

Grilled Chicken Caesar

Gorgonzola w/Walnuts & Bacon

(Mesclun & leaf lettuces w/red onions, tomatoes, walnuts, bacon & imported

Gorgonzola cheese)

Italian Chef Salad

chopped Romaine

Italian Chopped Salad

(romaine & radicchio, artichoke hearts, olives, chickpeas, banana peppers, onion, Sopresatta, Italian vinaigrette)

Spinach Salad w/Pecans & Cranberries

(baby spinach, organic dried cranberries, sliced mushrooms & toasted pecans)

Summer Bean Salad

Summer Chicken Salad

Tabbouleh

Tomato, Cucumber, Red Onion Salad

Tuna Salad

Tuna Nicoise

Vegetarian Chickpea Salad

Vine Ripe Tomatoes & Mozzarella Salad

Wild Rice Salad

Orzo & Grilled Vegetable Salad

Orzo & Vidalia Onion Salad

Pesto Pasta Salad

Pasta Provencale

Pasta Primavera

Seafood Pasta Salad

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Grilled Salmon Pasta Salad

Greek Pasta Salad

Macaroni Salad

DRESSING

Balsamic Vinaigrette

Caesar

Champagne Vinaigrette

BEEF

Asian Flank Steak w/Himalayan Rice

Balsamic Glazed Flank Steak w/Potatoes

Beef Bourguignonne

Beef Curry Pie

Beef & Bean Burrito w/Chili Sauce & Cheese

Beef Enchiladas

Beef Stroganoff

Beef Sukiyaki

Beef Tenderloin Tips w/Rice Pilaf

Beef Tenderloin (many choices)

Beef Wellington

Chili Rubbed Flank Steak

Classic Liver & Onions w/Mashed Potatoes

Corned Beef & Cabbage

Curried Beef Tips w/Basmati Rice

Flank Steak (Asian marinated) w/Red Rice

Flank Steak w/Balsamic Glaze, Quinoa & Kale

Flank Steak w/Roasted Red Pepper Salsa

Flank Steak w/Chimichuri Sauce

Flank Steak (Teriyaki) w/Fried Rice

Grilled Flank Steak w/gril. Peppers & German Potato Salad Grilled

Flank Steak w/Wild Mushrooms

CHICKEN, TURKEY & DUCK

Chicken Alberto-Caramelized shallots, sun-dried tomatoes & mushrooms

Chicken Alfredo-breast w/penne pasta & classic cream, Parmesan & egg sauce

Chicken Alicia-breast stuffed w/spinach, artichoke hearts & pine nuts w/Marsala wine sauce

Chicken Apulia-breast stuffed w/roasted red peppers & smoked mozzarella in a red sauce sage & Parmesan

Chicken Arrabbiata-boneless thighs braised w/yellow, Poblano & hot chili peppers w/tomatoes

Chicken Balsamico-w/balsamic vinegar, garlic, onion, herbs & pancetta w/potatoes & tomatoes roasted garlic

Chicken Cacciatore-boneless thighs, wild mushrooms, green peppers, onions, tomatoes & garlic oil over rice

Chicken Cordon Bleu-breast stuffed w/ham, Swiss cheese & a lemon butter sauce

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Summer Pasta Verde (with or without grilled chicken)

Tricolor Tortellini Salad

Tuna Pasta Salad

Cider Vinaigrette

Italian

Lemon Vinaigrette

Grilled New York Strip

Grilled Steak Fajitas (w/Rice, pinto beans & chipotle sour cream)

Handmade Meatballs

London Broil w/ Twice Baked Potatoes

Meatloaf Dinner w/Mashed Potatoes & Gravy

Grilled Beef Tenderloin

Grilled Beef Tenderloin (serves 1)

Meatballs & Marinara Sauce

Salisbury Steak Dinner

Shepherd's Pie

Sirloin Beef Kebobs

Sliced BBQ Beef w/Homestyle Baked Beans

Steak Diane

Stuffed Peppers

Teriyaki Beef Tenderloin Tips w/Jasmine Rice

Teriyaki Flank Steak w/Scallion Fried Rice

Tuscan Beef Stew

Tuscan Short Ribs

Yankee Pot Roast

Chicken w/Prosciutto & Rosemary-boneless thighs w/chopped tomato, garlic & wine

Chicken alla Roma-boneless thighs, pancetta, peppers, tomatoes, onions, garlic & wine

Chicken Saltimbocca-breast fillets w/sage, prosciutto, peppers & spinach

Chicken Scaloppine alla Parma-cutlets w/garlic, tomato, wine, prosciutto,

Chicken Sorrento-Grilled chicken pasta, roasted garlic, sun-dried & grape tomatoes, black olives, fresh mozzarella, olive oil, basil & parsley

Chicken Stemperata-boneless thighs, sicilian olives, pepperoncini & whole

Chicken Teriyaki-boneless thighs, soy sauce, vinegar, sherry, ginger, garlic &

Coconut Chicken w/Mango Salsa-coconut, mango, cilantro, red onion, tomatoes & chilies

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Chicken Curry-boneless thighs, onion, garlic, yogurt, coconut, mango
w/rice onions & mushrooms

Chicken Enchiladas-w/scallions, jack cheese, chipotle & red peppers,

cilantro, rice & chili sauce

Chicken & Gnocchi-boneless thighs, braised w/tomato sauce,
spinach, basil, garlic & wine w/potato & gnocchi

Chicken w/Lemon & Olives-boneless thighs Sicilian & Piccoline
olives, lemon & capers

Chicken Marengo-boneless thighs w/mushrooms, pearl onions,

tomatoes, white wine & herbs

Chicken Marsala-breast fillets with mushrooms & Marsala wine sauce

Chicken Milanese-braised thighs ossobucco style w/tomatoes, herbs,
onions, garlic w/polenta

Chicken w/Pad Thai Noodles, bok choy, nappa cabbage, snow

peas, mushrooms & chili sauce

Chicken Palermo-lightly battered chicken breast w/olives, fresh
tomatoes, eggplant & mozzarella

Chicken Parmesan-breaded breast fillets w/marinara, mozzarella &
parmesan

Chicken Picatta-breast fillets with lemon, capers, butter & shallots in
our pink sauce

Chicken Portifino-stuffed w/Pesto sauce, sun-dried tomatoes &
garlic w/Marsala wine sauce

Chicken Pot Pie-chicken w/potatoes, corn, carrots, onions, peas, celery
topped w/puff pastry

Chicken w/Kale, boneless thighs, tomatoes, Pancetta bacon, roasted
red peppers, wine & herbs

PORK & LAMB

African Lamb Stew

Cider-Cured Pork Chops-pan fried cider-cured pork chops w/red
cabbage & apples

Country-style BBQ Ribs-rubbed in spices & roasted in our spicy
BBQ sauce w/slaw & rice

Glazed Ham & Scalloped Potatoes-bourbon glazed spiral ham
w/traditional scalloped potatoes

Glazed Pork Rib Roast-w/apricot-honey-mustard glaze w/potatoes

Kansas City Style Spare Ribs-grilled w/our BBQ sauce

Irish Lamb Stew w/barley, Guinness Stout & root vegetables

Italian Lamb Stew

Leg of Lamb seasoned w/garlic & rosemary w/Cottage Fries

Cornish Game Hens w/apricot-citrus glaze and wild rice

Cornish Game Hen w/Cranberry-Thyme Glaze over brown rice sauce

French Chicken Ratatouille-bnls thighs w/a eggplant, zucchini, peppers,
tomatoes, onion, garlic, wine & herbs de Provence

Herb Roasted Chicken-with mashed potatoes and pan gravy parsley

Kansas City BBQ Chicken-spiced rub, barbecue sauce & cheddar cheese
grits

Raspberry Glazed Duck Breast with Wild Rice

Roast Duck w/Orange Glaze-half duck w/traditional orange glaze

Roast Turkey Dinner-roasted breast w/mashed potatoes, sausage stuffing &
gravy

Seared Duck Breast with a Lingonberry & Red Wine Sauce

Southern Style Chicken Tenders-boneless breast strips, deep fried

Spanish Chicken-boneless thighs, tomato, onion, cilantro, Spanish spices &
black beans

Seared Duck Breast w/Cranberry Port glaze over spinach.

Stuffed Cabbage w/Turkey & Brown Rice topped w/Marinara Sauce

Turkey Tetrazzini w/spaghetti, mushrooms, celery & parmesan cheese sauce

Whole Chicken Dinners (serves 4) butterflied whole chicken w/roasted
potatoes & carrots (New Orleans B.B.Q. Rub; Argentinean Garlic; Greek Lemon;

Porchetta w/Yukon Golds-Italian stuffed pork roast w/roasted Yukon Gold
potatoes

Pork Chops Pizzaiola-w/red & green peppers, fresh tomatoes, garlic & olive
oil over orzo

Pulled Pork Dinner-pork shoulder rubbed w/a spicy vinegar barbecue sauce
w/cabbage slaw

Rack of Lamb w/Garlic, Herb & Dijon Mustard Crust

Roasted Stuffed Pork Loin-Swiss chard, roasted peppers, garlic, parmesan
stuffing w/Yukon Golds

Sausage & Peppers-traditional Italian sausage with red & green peppers
and onion

Sicilian Pork Chops-pan fried w/peppercorn crust, Sicilian olives, tomatoes &
garlic over orzo

Southwestern Pork Stew-braised pork w/corn, carrots, onion, tomato,
peppers & garlic

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Moroccan Spiced Lamb Kebobs-spices, couscous w/apricots, lemon-mint butter

Pork Tenderloin Chimichuri- w/lemon, parsley, onion & vinegar sauce w/mashed potatoes

Pork Tenderloin w/Tarragon-Mustard Glaze over herbed Israeli Couscous

& Stuffed Pork Loin-apricot, shallot, herb stuffing w/pan gravy over mashed potatoes

Stuffed Pork Rib Roast-w/sun-dried tomatoes, prosciutto & spinach w/garlic potatoes

White Bean Stew-w/linguica sausage, braised pork w/paprika, tomato, onion & garlic

VEAL

Spezzatino di Vitello-braised veal w/potatoes, peas, shallots, carrots

& tomato sauce

Spring Veal Stew-tender veal with fresh sorrel, tarragon, parsley, watercress, spinach, creme fraiche & orecchiette pasta asparagus spears

Veal Alberto-cutlets with sun-dried tomatoes, sautéed mushrooms &

caramelized shallots

Veal Alla Parma-cutlets with a sage, Prosciutto & Marsala sauce

Veal Artichokes, Lemon & Capers-sauteed cutlets, w/artichoke hearts, capers & fresh lemon olive oil

Veal & Peppers-tender braised veal pieces with peppers

Veal Canneloni-shredded veal w/peppers, onion, garlic, ricotta,

parmesan & mozzarella rolled in pasta

Veal DiMedici-sun-dried tomatoes & porcini in a Marsala cream sauce w/fettuccine

Veal Francaise-cutlets w/white wine lemon butter sauce topped w/fresh lemon slices

Veal Scaloppine-w/Artichokes, Roasted Red Peppers & Olives w/Pomodoro

Veal Milano-cutlets stuffed w/prosciutto and fontina cheese

Veal Oscar-cutlets, marsala demi glace, lump crabmeat, béarnaise sauce &

Veal Parmesan-cutlets with Parmesan, marinara sauce and mozzarella

Veal Picatta-cutlets with capers, shallots and our pink sauce

Veal Provencale-cutlets with plum tomatoes, Parmesan, garlic, parsley and

Veal Saltimbocca -cutlets w/sage, prosciutto, bell peppers & spinach in

Marsala wine sauce

Veal San Marco-cutlets with radicchio & spinach and a red bell pepper sauce

Veal w/Sauteed Yellow Peppers & tomato basil cream sauce

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Veal Luigi-cutlets w/tarragon, plum tomatoes & Reggiano Parmesan cheese tomatoes & wine infused Marinara

Veal Sorrento-w/pasta, fresh mozzarella, Prosciutto, eggplant, plum

Veal Marsala-cutlets with fresh mushrooms and a Marsala wine sauce pasta

Veal Toscana-Porcini and Cremini mushrooms & leeks over wide ribbon

SEAFOOD

Baked Boston Cod-fillet baked w/crumb crust w/rice & a Beurre blanc sauce

Salmon w/Udon Noodles or Soba noodles grilled w/ginger-soy glaze & Chinese vegetables

Baked Cod & Plum Tomatoes-fillet w/sliced plum tomatoes, sweet onions & lemon tomato broth

San Francisco Cioppino-mix of fresh shellfish, perch & monk fish in a zesty

Baked Stuffed Shrimp w/crabmeat stuffing over rice pilaf w/Beurre

Scallops Genovese w/snow peas & pesto

Blanc Sauce & Lemon garnish

Brazilian Style Tilapia-onions, peppers, garlic, hot peppers & w/ brown rice & coconut sauce spaghetti

Scallops Provencale-light tomato, garlic, herb & olive oil sauce over thin tomatoes

Coconut Shrimp-shrimp w/a coconut crust & w/Mango Lime chutney fettuccine

Seafood Fettuccine-shrimp & scallops in a light parmesan cream sauce over

Coquilles St. Jacques-scallops & mushrooms w/wine, egg & cream, Parmesan & bread crumbs

Seafood Kabobs-shrimp & scallops, grilled vegetables w/lemon garlic butter over rice

Crab Cakes with Remoulade sauce sherry over rice

Seafood Newburg-Shrimp, scallops, lobster, mush., onions, brandy, cream &

Lemon Sole-light brown butter sauce over orzo peppers, olives & rice

Seafood Paella-clams, shrimp, monk fish, mussels, tilapia & calamari w/

Ginger Seared Sea Scallops-w/red peppers & spinach over basmati rice

Sesame Tuna Steak-seared, sesame seed crusted tuna w/wasabi aioli, rice & spinach

Grilled Halibut w/Basil Aioli-w/tomato salsa topped w/fresh basil aioli & orzo

Shrimp Alla Vita-garlic, snowpeas, sun-dried tomatoes, mushrooms, pine nuts & olive oil over linguine

Grilled Salmon w/Vidalia onion & tomato orzo salad topped with arugula pesto

Shrimp & Scallop Creole-bell peppers, celery, onions, tomatoes, w/creole seasoning & rice

Grilled Salmon wrapped in Spinach & Prosciutto

Shrimp & Scallop FraDiavolo-red peppers, celery, onion, fennel, tomatoes & wine w/pasta

Grilled Shrimp Linguine-w/cherry tomatoes, asparagus & peas in a light lemon-garlic sauce

Shrimp Scampi-w/garlic, tomatoes, olive oil, butter & white wine over cappellini

Grilled Swordfish-w/roasted garlic-tomato & herb vinaigrette anchovies w/pasta

Shrimp Puttanesca-shrimp, tomatoes, onion, olives, capers, garlic &

Jambalaya-shrimp, chicken & Andouille sausage w/vegetables, rice & Creole seasoning

Shrimp w/Red Curry-w/onion, garlic, cilantro w/red curry paste & coconut milk & rice

Paella Valenciana-clams, shrimp, pork & chicken over saffron rice vodka sauce

Shrimp w/Vodka Sauce-w/sweet peppers & green onions in our pink

Poached Salmon-cold poached w/cucumber-dill sauce over fresh greens

Swordfish Kabobs-w/yellow peppers, zucchini & mushrooms over rice w/garlic-lemon sauce

Roasted Salmon-fillets w/Mascarpone cheese, spinach, sun-dried tomatoes & bread crumbs

Thai Salmon w/Stir-fried Vegetables-w/Asian vegetables & couscous w/a red curry sauce

Salmon w/Bernaise Sauce-white wine, tarragon, shallots, eggs & butter w/spinach & asparagus

Tilapia w/Chili-lime Butter-seared w/ancho-chili lime butter over rice w/corn & fresh cilantro

Salmon Capellini-w/tomatoes, leeks & shallots, pasta w/a white wine cream sauce

Spanish Style Tilapia-topped w/onions, tomatoes, capers, olive, cilantro & cumin w/spinach

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Tomato Sauce

Salmon w/Capers, Tomatoes & Cream-over orzo

Salmon w/ Roasted Fennel & Tomatoes-with garlic & finished w/aged balsamic vinegar

Salmon w/ Pistachio Crust-w/shallots,, fresh asparagus, olive oil, mustard & orzo w/red pepper sauce

Salmon w/ Porcini Sauce-w/Crimini & Porcini mushrooms, chives, cream, tarragon & wine w/spinach

PASTA

Baked Rigatoni & Sausage, Marinara Sauce & Parmesan Cheese onions & wine

Baked Rigatoni, Sausage & Smoked Mozzarella

Baked Rigatoni Sorrentino-w/mushrooms, spinach garlic, sausage, tomato & cheese

Baked Ziti-with marinara sauce, fresh mozzarella & Parmesan cheese

Bucatini Amatriciana-w/pancetta, onions, plum tomatoes

Cappellini Spagnuolo-olives, Swiss chard, plum & sun-dried tomatoes

Chef Lou's Fettuccine-w/portobellos, mascarpone, Swiss chard & sun-dried tomatoes

Chicken Limone-breaded cutlets topped w/fresh lemons on linguine

Chicken Lyon-with leeks and fresh tomatoes over linguine

Chicken & Sausage Calabrese-broccoli rabe, sausage, tomato, chicken, red peppers w/pasta

Chicken Sorrento-w/Pasta, garlic, sun-dried & grape tomatoes, olives, mozzarella & basil

Grilled Chicken w/Pasta & Smoked Mozzarella-w/tomatoes, onions & Swiss chard

Grilled Chicken & Penne w/Brie-chicken strips, Brie & artichokes w/white wine

Grilled Chicken & Penne w/Feta-chicken strips, pasta, tomatoes, garlic, asparagus & Feta

Grilled Chicken DiMedici-w/mushrooms, sun-dried tomatoes, wine,

cream & pasta Grilled Chicken Pepperonata-peppers, capers, tomatoes, wine,

& onion w/pasta

Grilled Chicken Primavera-spring vegetables, pesto and olive oil

Como Rigatoni-pasta w/mushrooms, Prosciutto, peas arugula,

Fontina, garlic & cream

EGGPLANT

Eggplant Lasagna

Eggplant Parmesan Eggplant

Rollatini

Thai Shrimp & Chicken Curry-cilantro, garlic & onion, spicy green curry w/coconut milk

Vegetable Stuffed Sole-w/spinach, artichokes, garlic, roasted red peppers, pine nuts, wine & couscous

Pasta Bolognese-w/a sauce of plum tomatoes, pancetta, pork, veal, beef,

Pasta Napoletan-pasta, shredded pork & plum tomatoes

Pasta Provencale-fresh tomatoes, artichokes, capers & Asiago cheese

Pasta Siena-w/sun-dried tomatoes, smoked mozzarella, spinach & roasted garlic w/olive oil

Pasta w/Gorgonzola & Chicken-w/gorgonzola cheese, broccoli, peppers, garlic & chicken

Penne Alberto-caramelized shallots, sun-dried tomatoes & mushrooms

Penne alla Vita-asparagus, sun-dried tomatoes, artichokes w/tomato-basil cream sauce

Pasta Puttanesca-w/fresh tomatoes, red onion, capers, oil cured olives & anchovies

Penne w/Asparagus-fresh asparagus sautéed w/garlic & olive oil

Penne w/Broccoli Aglio Olio-sautéed broccoli, garlic & olive oil

Penne w/Broccoli Rabe-with or w/o sausage or plum tomatoes

Penne w/Vodka Sauce-sweet peppers, green onions & vodka pink sauce

Penne Palermo -roasted eggplant, tomatoes, arugula

Sicilian Chicken-w/tomatoes, roasted red peppers, artichokes & pasta

Spaghetti alla Carbonara w/pancetta in a parmesan cream sauce

Spaghetti alla Genovese-pesto sauce & fresh plum tomatoes garlic

Spinach & Cheese Manicotti in our Marinara Sauce Lake

Stuffed Shells in our Marinara Sauce

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Linguine w/Fresh Vegetables-peas, cherry tomatoes, asparagus, lemon & olive oil

Macaroni & Cheese-three cheese and Ritz cracker crumb crust

Orzo-rice shaped pasta tossed w/olive oil, salt & pepper garnished w/scallions

Pasta Marinara Sauce

Pasta w/ Meatballs & Marinara Sauce

Pasta w/ Sausage & Marinara Sauce

LASAGNA

Cheese

Chicken & Artichoke

Eggplant

Meatball & Sausage

Vegetable

Seafood

Wild Mushroom & Spinach

SAUCES

Amatriciana

Bolognese

FraDiavolo

Marinara

Napoletan

Pasta Vita Marinara

Pesto

Pomodoro

Puttanesca

Roasted Garlic Cream

Spiced Cream

Tomato Basil Cream

White Clam

QUICHE

Artichoke & Fontina

Broccoli & Cheddar

Broccoli, Cheddar & Ham

Mediterranean (sun-dried tomato, basil & olives)

Onion, Bacon & Cheddar

Spinach & Mushroom

Traditional Lorraine

GRAINS, POTATOES, RISOTTO & VEGETABLES

Basmati Rice

Black Beans & Brown Rice

Venetian Cavatappi-grilled vegetables w/pasta, olive oil, Fontina & Parmesan

Woodsmen's Style Pasta-w/mushrooms, red onion & pancetta, plum tomatoes, wine & cream

Ziti w/Broccoli & Chicken-Prosciutto white wine Dijon cream sauce

Ziti w/Broccoli, Sausage & Cream-sweet sausage w/red peppers & onions

LASAGNA: Wheat Free

Cheese

Meatball & Sausage

Vegetable

RAVIOLI

Artichoke & Fontina

Asparagus & Mushroom

Broccoli & Cheese

Broccoli Rabe & Cheese

Butternut Squash

Cavatelli

Cheese

Crabmeat

Gnocchi

Gorgonzola & Walnut

Lobster

Meat (beef)

Pesto

Portabello & Spinach (Lowfat)

Pumpkin (seasonal)

Roasted Eggplant w/Garlic

Roasted Red Pepper

Sausage

Spinach & Cheese

Sundried Tomato & Cheese

Maple Glazed Yams w/Pecan Garnish

Mashed Sweet Potatoes

Pasta Vita Zucchini

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Broccoli
Broccoli Au Gratin
Broccoli Rabe w/Garlic & olive oil
Brown Rice Pilaf
Butternut Squash
Cauliflower au Gratin
Classic Mashed Potatoes
Classic Scalloped Potatoes
Couscous
Creamed Spinach
Duchess Potatoes
Egyptian Lentils & Himalayan Red Rice
Escarole & White Beans
Farro Risotto w/Roasted Vegetables & Cannellini Beans
Fava Beans
Fresh Vegetable Mix
Garlic Mashed Potatoes
Glazed Carrots
Green Beans w/Toasted Almonds
Grilled Vegetables
Gruyere Scalloped Potatoes
Herb & Cranberry Stuffing
Homestyle B.B.Q. Baked Beans

PLATTERS

Antipasto
Baked Ham (with grained mustard & mayonnaise)
Cold Cut - ham/turkey/Genoa/Swiss & provolone
(with grained mustard & mayonnaise)
Cheese & Crackers
Fruit & Cheese
Fruit

BREADS

Baguettes, assorted rolls, artisan breads & garlic bread available to order

SANDWICHES & WRAPS

Chicken Salad(Choice of P.V. Chicken Salad, Summer
Italian Combo: Genoa Salami, Provolone Cheese,
Turkey,Lettuce,Tomato w/Sundried Tomato Aiolo.
Ham & Cheese (Provolone or Swiss) Lettuce, Tomato.
Grilled Vegetables w/Shaced Reggiano, Parmesan
Grilled Chicken Breast w/Lettuce,Tom,Red Onion,Mayo.
Cajun Chicken w/Lettuce, Tom, Red Onion, Mayo.
Chipotle Chicken w/Lettuce,Tom,Provolone,Mayo.
Focaccia - flat oven-baked Italian breads
Onion, Rosemary & Parmesan
Pepperoni, Mozzarella & Sauce
Roasted Garlic & Gorgonzola

Quinoa w/Black Beans & Tomatoes
Quinoa w/Leeks & Tomatoes
Quinoa w/Zucchini & Garbanzo Beans
Red Beans & Rice Pilaf
Rice Pilaf
Risotto
Roasted Asparagus w/Garlic
Roasted Brussels Sprouts
Roasted Italian Hot Peppers
Roasted Root Vegetables
Roasted Yukon Gold Potatoes
Sauteed Spinach
Shrimp Fried Rice
Spanish Rice
Spinach with Farro
Steamed Mixed Vegetables
Sugar Snap Peas w/Carrots
Twice-baked Potatoes
Vegetarian Chickpea Curry w/Green Beans*
Vegetarian Red Beans & Rice
Vegetarian Stuffed Peppers
White Bean & Portobello Stew

PLATTERS

Mixed Antipasto
Roast Turkey Breast (with mayonnaise)
Sliced Whole Beef Tenderloin (w/horseradish-mayonnaise)
Poached Salmon ~cold w/Cucumber-Dill Sauce
Smoked Salmon w/egg, red onion, capers & bread
Vegetable Crudite w/sun-dried tomato aioli

Chicken Salad,Curried Chicken Salad) w/ Lettuce, Tomato.
Prosciutto,Lettuce Olive oil.
Egg Salad w/ Lettuce, Tomato.
Eggplant, Roasted Red Pepper, Arugula.
Cheese,Arugula Balsamic Vinaigrette.
Tuna Salad w/ Lettuce, Tomato
Buffalo Chicken w/Lettuce , Tom.
Breaded Chicken Cutlet w/Lettuce, Tom, Mayo.
Stromboli
Broccoli Rabe, Sausage & Mozz.
Eggplant Parmesan
Chicken Parmesan
Chicken, Spinach & Mozz.

225 Elm Street

PASTA VITA - COMPLETE MENU

Pastavita.com

Old Saybrook, CT 06475

860-395-1452

Three Cheese & Tomato
Tomato, Basil & Fresh Mozzarella
Sausage, Spinach & Potato
Spinach, Tomato & Parmesan
Clam & Pancetta
Roasted Hot Cherry Pepper & Anchovy
Antipasto
Broccoli & Mozzarella

Meatball, Peppers, Onions & Mozz.
Meatball & Marinara Sauce
Pepperoni & Mozzarella
Sausage, Spinach, Potato
Sausage, Peppers, Onions & Mozz.
Italian Combo
Vegetarian
Spinach & Mozzarella

DESSERTS

Apple Crisp
Apple Pie
Apple Strudel
Blueberry Pie
Mixed Fruit Pie
Strawberry Rhubarb Pie
Peach Pie (seasonal)
Pecan Pie (seasonal)
Pumpkin (seasonal)
Ricotta Pies
Fresh-made Mini Cannoli*
Pasticciotti
Pound Cakes (assorted)
Tiramisu
Toasted Almond Tiramisu
Chocolate Bread Pudding

Classic Éclair
Lobster Tails
Oatmeal Raisin Cookies*
Chocolate Chip Cookies*
Pignoli Cookies
Hard Chocolate Cookies
S Cookies
Tostini
2lb. Italian Cookie Trays
Jordan Almonds (1/2 lb.)
Homemade Cookies
*Anisette
*Lemon Anginette
*Chocolate Peanut Butter Balls
*Milano Cookies
*Raspberry Vienna Cookies
Cakes & Specialty Cakes

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Lemon Raspberry Bread Pudding (seasonal)

Traditional Bread Pudding

Pumpkin Bread Pudding (seasonal)

Rice Pudding

Belgian Chocolate Pudding

Vanilla Bean Pudding

Cupcakes

Mini Italian Pastry Platters (by the dz.)

Cookie Trays (2 lbs. & up)

Tarts: assorted flavors & sizes

Scones*

* (available by 1/2 dz)