

**PASTA VITA**  
OLD SAYBROOK

**CHEF'S SPECIALS**

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – NOV. 22**

Pork Tenderloin TarragonMstd.  
Jambalaya\*  
Thai Shrimp &Chicken Curry\*  
Whole Roast Chix Dinner\*  
Roast Turkey Dinner  
Sliced Turkey Breast\*  
Baked Spiral Ham\*  
Beef Tips w/Mushroom Gravy  
QuinoaKaleBtr Squash&Beets\*  
Veal & Pepper Stew  
Stuffed Peppers\*  
Ziti w/Broccoli & Chicken  
Shepherd's Pie  
OrecchietteSausageTomAsiagp  
Chicken Pasta Siena  
Beef Bourguignon  
Macaroni and Cheese  
Meatloaf Dinner  
Buttered Noodles  
Baked Ziti  
Stuffed Shells  
Linguine w/White Clam Sauce  
Spinach & Cheese Manicotti  
Shrimp & Pasta Lemon & Garlic  
Pasta w/Lemon & Garlic  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Italiano  
Chicken Marsala  
Chicken Picatta  
Chicken Francaise  
Grilled Chicken Breast\*  
Chicken Cutlets  
VEGGIES/SIDES/PASTA/SALAD  
Mashed Potatoes\*  
Mashed Butternut Squash\*  
Green Beans w/ Almonds\*  
Maple Glazed Yams\*  
Broccoli w/Garlic & Olive Oil\*  
Roasted Brussels Sprouts\*  
Rst. Asparagus\*  
Glazed Carrots\*  
Root Vegetables\*  
Broccoli auGratin  
Pumpkin Bread Pudding  
**Soup: Wild Mushroom**  
**Soup: Butternut Bisque**

**TUESDAY – NOV. 23**

Salmon w/Mascarpone  
Baked Boston Cod rice pilaf  
Whole Roast Chicken\*  
Roast Turkey Dinner  
Sliced Turkey Breast  
Baked Spiral Ham  
Tuscan Beef Stew  
QuinoaKaleBtr Squash&Beets\*  
Spaghetti alla Carbonara  
Baked Cheese Ravioli  
Stuffed Shells  
Macaroni & Cheese  
Sausage and Peppers\*  
Shrimp Scampi  
Penne w/Vodka Sauce  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Marsala  
Chicken Picatta  
Chicken Francaise  
Grilled Chicken Breast\*  
Chicken Cutlets  
VEGGIES/SIDES/PASTA/SALAD  
Mashed Potatoes\*  
Glazed Carrots\*  
Maple Glazed Yams\*  
Mashed Butternut Squash\*  
Roasted Asparagus w/Sea Salt\*  
Roasted Root Vegetables\*  
Roasted Brussels Sprouts\*  
Roasted Beets w/Rst. Carrots\*  
Broccoli au Gratin\*  
Italian Broccoli\*  
Green Beans w/ Almonds\*  
Sausage Stuffing  
Cranberry & Herb Stuffing  
Chicken Salads\*  
Apple Crisp  
Gravy  
Cranberry Relish  
**Soup: Turkey & Wild Rice**  
**Mon: Stuffings/Gravy/Cran. Relish**

**WEDNESDAY – NOV. 24**

Roast Turkey Dinner  
Macaroni & Cheese  
Stuffed Shells  
Meatloaf Dinner  
Penne w/Vodka Sauce  
Chicken Parmesan  
Chicken Parmesan&Pasta  
Chicken Marsala  
Chicken Picatta  
Chicken Francaise  
Grilled Chicken Breast\*  
VEGGIES/SIDES/PASTA/SALAD  
Mashed Potatoes\*  
Italian Broccoli\*  
Roasted Beets & Carrots\*  
Roasted Brussels Sprouts\*  
Roasted Sweet Potatoes\*  
Roasted Root Vegetables\*

**THURSDAY – NOV. 25**

**CLOSED**  
**THANKSGIVING DAY**

OPEN FRIDAY @ 8:00 am

**Happy Thanksgiving**

**FRIDAY – NOV. 26**

Salmon w/ Mango Salsa  
Beef Tenderloin Red Wine Demi  
Beef Tips w/Mushroom Gravy  
Whole Roast Chicken Dinner\*  
Baked Boston Cod Rice Pilaf  
Chicken Enchiladas  
Risotto alla Parma\*  
Pork Chops alla Parma  
Lemon Sole  
Macaroni & Cheese  
London Broil w/Mash Pot+gravy  
Beef Bourguignon  
Stuffed Shells  
Sausage & Peppers\*  
Classic Meatloaf Dinner  
Stuffed Peppers\*  
Shepherd's Pie  
Rigatoni w/Sausage Pink Sauce  
Chicken Pasta Tomato Bacon  
Spaghetti Carbonarra  
Grilled Shrimp linguine  
Linguine w/Fresh Vegetables  
Baked Stuffed Shrimp  
Crab Cakes w/Remoulade  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Parmesan&Pasta  
Chicken Italiano  
Chicken Marsala  
Chicken Francaise  
Chicken Picatta  
Grilled Chicken Breast\*  
Chicken Cutlets  
VEGGIES/SIDES/PASTA/SALAD  
Green Beans w/almonds\*  
Italian Broccoli\*  
Mashed Potatoes\*  
Roasted Brussels Sprouts\*

**SATURDAY – NOV. 27**

Baked Ham Dinner\*  
Thai Shrimp Chicken Curry\*  
Pasta w/Meatballs Marinara  
Stuffed Shells  
Shrimp Scampi  
Macaroni & Cheese  
Penne w/Vodka Sauce  
Baked Ziti  
Chicken & Pasta Alfredo  
Chicken Limone w/Pasta  
Chicken Parmesan  
Chicken Marsala  
Chicken Picatta  
Chicken Francaise  
Grilled Chicken Breast\*

**Friday Cont.:**

Tuna Pasta Salad  
Chicken Salad\*  
Mediterranean Quinoa\*  
Pumpkin Bread Pudding  
**Soup: Clam Chowder**  
**Soup: Chicken Noodle**

**VEGGIES/SIDES/PASTA/SALAD**

Green Beans w/Almonds\*  
Roasted Vegetables\*  
Gruyere Scalloped Potatoes\*  
Classic Scalloped Potatoes\*  
Chicken Salad\*  
Apple Crisp  
Brownies